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with Bayesian Vector Autoregressions**

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**Capturing Macroeconomic Tail Risks with Bayesian Vector Autoregressions**

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A rapidly growing body of research has examined tail risks in macroeconomic outcomes. Most of this work has focused on the risks of significant declines in GDP, and has relied on quantile regression methods to estimate tail risks. In this paper we examine the ability of Bayesian VARs with stochastic volatility to capture tail risks in macroeconomic forecast distributions and outcomes. We consider both a conventional stochastic volatility specification and a specification featuring a common volatility factor that is a function of past financial conditions. Even though the conditional predictive distributions from the VAR models are symmetric, our estimated models featuring time-varying volatility yield more time variation in downside risk as compared to upside risk—a feature highlighted in other work that has advocated for quantile regression methods or focused on asymmetric conditional distributions. Overall, the BVAR models perform comparably to quantile regression for estimating tail risks, with, in addition, some gains in standard point and density forecasts.

Keywords: forecasting, downside risk, asymmetries.

JEL classification codes: C53, E17, E37, F47.

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# 1 Introduction

Building on a longer tradition in finance of assessing tail risks in asset prices and returns, a rapidly growing body of research has examined tail risks in macroeconomic outcomes. Most of this work has focused on the risks of significant declines in GDP, and has relied on quantile regression methods to estimate tail risks, as developed in Adrian, Boyarchenko, and Giannone (2019a), Adrian, et al. (2018), and Giglio, Kelly, and Pruitt (2016) and extended to vector autoregressive models in Chavleishvili and Manganeli (2019). This work has emphasized the link of tail risks to output stemming from poor financial conditions. Other work has considered tail risks to other variables, such as unemployment (e.g., Galbraith and van Norden (2019) and Kiley (2018)), or used other methods, such as copula modeling (e.g., Smith and Vahey (2016) and Loaiza-Maya and Smith (2019)) or copula-based combinations of forecasts (e.g., Karagedikli, Vahey, and Wakerly (2019)) to quantify tail risks. Still other work (e.g., Loria, Matthes, and Zhang (2019)) has extended the analysis of Adrian, Boyarchenko, and Giannone (2019a) — henceforth, ABG — to better understand tail risks.<sup>1</sup> Earlier work of Manzan (2015) used quantile regression to assess the value of a large number of macroeconomic indicators in forecasting the complete distribution of some key variables.<sup>2</sup>

The interest in tail risks reflects an underlying perception or assumption of asymmetries in distributions of outcomes. Some form of asymmetry has long been incorporated in particular economic models (e.g., Markov switching or threshold models; in a recent example, Alessandri and Mumtaz (2017) use threshold models to assess output forecasts in periods of financial distress). There has also been a body of research on asymmetries in the unemployment rate (e.g., Galbraith and van Norden (2019) and references therein). In addition, some recent research has considered simple evidence and concluded that GDP growth outcomes feature skewness (e.g., Kozeniauskas, Orlik and Veldkamp (2018) and Orlik and Veldkamp (2015)). Although some of this evidence of skewness in GDP growth has not established formal statistical significance, Jensen, et al. (2020) develop statistically significant evidence of increasingly negative business cycle asymmetry over time, which they link to the increased financial leverage of households and firms.<sup>3</sup>

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<sup>1</sup>To assess the joint distribution of economic and financial conditions, Adrian, Boyarchenko, and Giannone (2019b) develop a new approach that combines non-parametric and Monte Carlo methods.

<sup>2</sup>Other examples of studies of quantile forecasts in macroeconomics include Gaglianone and Lima (2012), Korobilis (2017), and Manzan and Zerom (2013, 2015). Cook and Doh (2019) apply quantile regression methods with a large set of predictors of growth, unemployment, and inflation, considering various approaches to dimension reduction and forecast combination.

<sup>3</sup>Jensen, et al. (2020) also develop a dynamic stochastic general equilibrium model consistent with their empirical findings.

At a practical level, monetary policymakers have commonly treated forecast distributions as being potentially asymmetric, at least at some points in time. The Bank of England’s well-known fan charts for inflation are constructed with a two-piece normal distribution to reflect asymmetries as judged by the Monetary Policy Committee.<sup>4</sup> In the U.S., the Federal Open Market Committee’s quarterly Summary of Economic Projections includes participants’ subjective assessments of whether risks to each of GDP growth, unemployment, and inflation are “broadly balanced,” “weighted to upside,” or “weighted to downside.” Assessments of asymmetric risks are commonly cited in policy discussions and decisions.

Although not always clearly distinguished in the recent literature, asymmetries could be present in either **conditional** predictive distributions or **unconditional** distributions. For example, the text of ABG sometimes refers to conditional distributions, as in “...recessions are associated with left-skewed distributions while, during expansions, the conditional distribution is closer to being symmetric” (p. 1264). Yet some of the features emphasized by ABG and others such as Adrian, et al. (2018) and Caldara, Scotti, and Zhong (2019) could be associated with symmetric conditional distributions and asymmetric unconditional distributions. In particular, the pattern of downside risk varying more over time than upside risk (or, for other variables, upside risk varying more than downside risk) highlighted by ABG (e.g., p. 1264) and other studies could occur with conditional predictive distributions that are symmetric and subject to simultaneous mean and variance shifts. For illustration, consider a very simple two-period example along the lines of what happens as the economy slows and then enters a recession. In the first period, the conditional one-step-ahead predictive distribution is a normal distribution with a mean of 0 and a standard deviation of 1; in the second period, the conditional one-step-ahead predictive distribution remains Gaussian but shifts left and widens, to have a mean of -2 and a standard deviation of 2. In this example, the 95 percent quantile of the predictive distribution changes relatively little, with values of 1.16 in period 1 and 1.29 in period 2. The 5 percent quantile drops significantly, from -1.65 in period 1 to -5.29 in period 2. Note that a change to both mean and variance is crucial to such asymmetries in changes in the quantiles; with just a mean change but not a variance change, the upper and lower quantiles move in lockstep.

Having drawn this distinction, in this paper we focus on capturing asymmetries in the time series behavior of measures of upside and downside risks that imply asymmetries in unconditional distributions but do not necessarily require asymmetries in conditional predictive distributions. In

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<sup>4</sup>Mitchell and Weale (2019) provide a recent summary of the Bank of England’s approach and a time series of the skewness in the distributions.

particular, we examine the ability of Bayesian VARs with stochastic volatility to capture tail risks in macroeconomic forecast distributions and outcomes. Bayesian VARs are commonly used for point and density forecasting, are known to have a successful track record compared to structural models and survey-based forecasts (except that surveys have an advantage in nowcasting), and can be easily adapted to include a range of variables and produce a variety of forecast density measures. Bayesian VARs with stochastic volatility commonly improve on the point and density forecast accuracy of their homoskedastic counterparts (e.g., Clark (2011) and Clark and Ravazzolo (2015)). To this point, the efficacy of BVARs for capturing tail risks has not yet been assessed. At the one-step-ahead horizon, VARs will generally yield conditional predictive distributions that are symmetric. (Caldara, Scotti, and Zhong (2019) work through simple analytics for the case of a VAR with stochastic volatility, abstracting from parameter uncertainty.) At longer horizons, the conditional predictive distributions may not be symmetric: Recall, for example, that the mean of the multi-step posterior forecast distribution is not in general equal to the forecast implied by the posterior mean of the coefficient vector.<sup>5</sup> (However, our multi-step results do not suggest strong asymmetries in conditional distributions.) But as noted above, asymmetries in conditional distributions are not necessary to obtain more time variation in downside risks than upside risks (or vice versa).

Reflecting the combination of common practice in the VAR-based forecasting literature and the recent literature on macroeconomic tail risks, the BVAR models in our presented results include a small set of primary macroeconomic indicators and an indicator of financial conditions. Following ABG, in our baseline results we measure financial conditions with the Chicago Fed’s national financial conditions index (we obtain and report similar results with a measure of financial sector volatility from Giglio, Kelly, and Pruitt (2016)). In the presented results, in the interest of brevity and consistent with most of the recent literature on macroeconomic tail risks, we focus on risks to GDP growth; we provide selected other results for the unemployment rate, another key indicator of economic activity. Our basic results are robust to reducing the variable set to just a bivariate model in growth and the Chicago Fed’s national financial conditions index (NFCI) and to expanding the model to make it medium-sized (along the lines of, e.g., the medium-sized forecasting models of Carriero, Clark, and Marcellino (2016)), with 15 variables. In addition to a conventional BVAR model with stochastic volatility (BVAR-SV), we also consider a BVAR with a generalized factor structure to volatility in which the common factor — capturing macroeconomic uncertainty — is a

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<sup>5</sup>As a general matter, the multi-step predictive distribution is a complicated function of past data and estimates of parameters and latent volatility states; this distribution need not be symmetric.

function of past financial conditions. The latter model draws on specifications in Carriero, Clark, and Marcellino (2016) and Carriero, Clark, and Marcellino (2018).<sup>6</sup>

Our paper also contributes to the recent macroeconomic tail risk literature by providing more formal evaluations of asymmetries and risk forecasts and the performance of alternative models than has much of the recent literature. We begin by conducting formal tests of skewness and kurtosis in the data, BVAR residuals, and forecast errors using the inferential approach for time series developed in Bai and Ng (2005). In assessing the efficacy of the models in estimating tail risks, we not only provide basic comparisons of our BVAR-based forecast results to those obtained with the quantile regression-based methodology of ABG but also subject our BVAR-based and quantile regression-based models to comparisons of formal scoring of quantile and expected shortfall forecasts, using a conventional quantile scoring function and a recently developed joint scoring function for the quantile and its associated expected shortfall estimate. Our focus on forecasting with multivariate vector autoregressions and formal forecast evaluation, along with our distinction between asymmetries in unconditional distributions versus conditional predictive distributions, distinguishes our paper from a contemporary analysis by Caldara, Scotti, and Zhong (2019, hereafter CSZ). CSZ focus instead on assessing the mechanisms by which a small VAR with stochastic volatility, particularly with an explicit correlation in shocks to levels and volatilities, can produce time-varying asymmetries in conditional predictive distributions, with downside risks to economic activity.

Our analysis yields the following main results. First, the formal statistical evidence of skewness in output growth is generally weak (prior work has typically considered skewness estimates without assessing statistical significance); the skewness statistics are often large, but not often statistically significant. There is more evidence of asymmetries in the unemployment rate and our indicator of financial conditions; relationships between these variables and GDP growth may lead to asymmetries in the predictive distributions of GDP. Of course, some of the considerable policy and research interest in downside risks to output focuses on asymmetries in conditional distributions that emerge at certain points in time and are not necessarily constant, whereas simple checks of skewness abstract from time variation and can be seen as applying to marginal distributions.

Second, although quantile regression-based approaches can be a useful tool for quantifying tail risks in macroeconomics, they can come with some challenges in data samples of the size typically available in macroeconomics. We document examples of problems of crossing of the quantile esti-

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<sup>6</sup>ABG note that an autoregressive model augmented to allow time-varying error variances linked to financial conditions can capture tail risks like those yielded by their preferred quantile regression relating GDP growth to financial conditions.

mates as well as considerable variability in the coefficient estimates of quantile regressions. In the quantile literature, the challenges of estimating extreme quantiles with small samples of observations are well known, resulting in coefficient bias and complicating inference (see, e.g., Chernozhukov, Fernandez-Val, and Kaji (2017)).

Our third main result is that, with our BVAR specifications featuring time-varying volatility, we are able to capture time variation in tail risks to output growth — with downside risks more variable than upside risks — like that emphasized in ABG and captured in their case by quantile regression. Put another way, our estimates indicate that familiar BVARs with time-varying volatility — which are known to be broadly successful in macroeconomic point and density forecasting — can perform as well as quantile regression for the purposes of capturing downside risks to output growth. In the case of the BVARs, the time variation in downside tail risks as compared to upside risks is driven by simultaneous shifts in the means and variances of conditional predictive distributions without requiring asymmetries in the conditional distributions. As noted above, changes in conditional variances like those captured by stochastic volatility are crucial to this result. We should emphasize that, in these comparisons, we extend prior work by including comparisons of formal scoring of quantile and expected shortfall forecasts. Finally, in the BVAR model set considered, we obtain these results for both (i) the conventional BVAR with stochastic volatility (which does not directly link volatility to macroeconomic or financial conditions) on which we focus and (ii) the model featuring a generalized factor structure to volatility in which the common volatility factor is a function of past financial conditions.

The paper proceeds as follows. Sections 2 and 3 describe the models and data, respectively. Section 4 explains the forecast metrics. Section 5 reports the empirical results. Section 6 concludes.

## 2 Models

We consider estimates and forecasts from three different models: a Bayesian VAR with stochastic volatility (BVAR-SV); a Bayesian VAR with a generalized factor structure in volatility (BVAR-GFSV), along the lines of models developed and considered in Carriero, Clark, and Marcellino (2016, 2018); and quantile regression as in ABG. Although not essential, to facilitate estimating the common factor structure of the BVAR-GFSV model, we estimate both the BVAR-SV and BVAR-GFSV models with standardized data. We then re-normalize the sample variances and add back in the means to obtain forecasts in the same units as the not-standardized data. In the out-of-sample analysis, we compute relevant means and variances with each data vintage, so that future



information is not used and real-time information timing is preserved. As we will detail in the following data section, all models include a financial indicator — either the NFCI as a measure of broader financial conditions in the baseline results or a measure of financial sector volatility from Giglio, Kelly, and Pruitt (2016) in one of our robustness checks.

## 2.1 BVAR-SV Model

The conventional BVAR with stochastic volatility, referred to as a **BVAR-SV** specification, takes the following form, for the  $n \times 1$  data vector  $y_t$ :

$$\begin{aligned}
 y_t &= \sum_{i=1}^p \Pi_i y_{t-i} + v_t \\
 v_t &= A^{-1} \Lambda_t^{0.5} \epsilon_t, \quad \epsilon_t \sim N(0, I_n), \quad \Lambda_t \equiv \text{diag}(\lambda_{1,t}, \dots, \lambda_{n,t}) \\
 \ln(\lambda_{i,t}) &= \gamma_{0,i} + \gamma_{1,i} \ln(\lambda_{i,t-1}) + \nu_{i,t}, \quad i = 1, \dots, n \\
 \nu_t &\equiv (\nu_{1,t}, \nu_{2,t}, \dots, \nu_{n,t})' \sim N(0, \Phi),
 \end{aligned} \tag{1}$$

where  $A$  is a lower triangular matrix with ones on the diagonal and non-zero coefficients below the diagonal, and the diagonal matrix  $\Lambda_t$  contains the time-varying variances of conditionally Gaussian shocks.<sup>7</sup> This model implies that the reduced-form variance-covariance matrix of innovations to the VAR is  $\text{var}(v_t) \equiv \Sigma_t = A^{-1} \Lambda_t A^{-1'}$ . Note that, as in Primiceri's (2005) implementation, innovations to log volatility are allowed to be correlated across variables;  $\Phi$  is not restricted to be diagonal. For notational simplicity, let  $\Pi$  denote the collection of the VAR's coefficients. In implementation, we include four lags in the VAR.

Regarding the priors for the BVAR-SV model, we use settings like those common in the forecasting literature. For the VAR coefficients contained in  $\Pi$ , we use a Minnesota-type prior. With the variables of interest transformed for stationarity, we set the prior mean of all the VAR coefficients to 0. We make the prior variance-covariance matrix  $\underline{\Omega}_\Pi$  diagonal. For lag  $l$  of variable  $j$  in equation  $i$ , the prior variance is  $\frac{\theta_1^2}{l^2}$  for  $i = j$  and  $\frac{\theta_1^2 \theta_2^2}{l^2} \frac{\sigma_i^2}{\sigma_j^2}$  otherwise. In line with common settings, we set overall shrinkage  $\theta_1 = 0.2$  and cross-variable shrinkage  $\theta_2 = 0.5$ . Consistent with common settings, the scale parameters  $\sigma_i^2$  take the values of residual variances from AR( $p$ ) models fit over the estimation sample.

For each row  $a_j$  of the matrix  $A$ , we follow Cogley and Sargent (2005) and make the prior fairly uninformative, with prior means of 0 and variances of 10 for all coefficients. The variance of 10 is

<sup>7</sup>In unreported results, we also considered making  $A$  time-varying as in Primiceri (2005) and obtained very similar estimates over the full sample. Other forecast studies (e.g., Clark and Ravazzolo (2015)) have obtained a similar finding of little payoff to making  $A$  time-varying. So, in this paper's results, to reduce computational requirements, we make  $A$  constant over time.

large enough for this prior to be considered uninformative. For the coefficients  $(\gamma_{i,0}, \gamma_{i,1})$  (intercept, slope) of the log volatility process of equation  $i$ ,  $i = 1, \dots, n$ , the prior mean is  $(0.1 \times \ln \sigma_i^2, 0.9)$ , where  $\sigma_i^2$  is the residual variance of an AR( $p$ ) model over the estimation sample; this prior implies that the mean level of volatility is  $\ln \sigma_i^2$ . The prior standard deviations (assuming 0 covariance) are  $(2^{0.5}, 0.2)$ . For the variance matrix  $\Phi$  of innovations to log volatility, we use an inverse Wishart prior with mean of  $0.03 \times I_n$  and  $n$  degrees of freedom, with  $n = 10$ . For the period 0 values of  $\ln \lambda_t$ , we set the prior mean and variance at  $\ln \sigma_i^2$  and 2.0, respectively.

We estimate the model with a conventional Gibbs sampler, detailed in such sources as Clark and Ravazzolo (2015).<sup>8</sup> Volatility is sampled with a Gibbs step based on Kim, Shephard, and Chib (1998). Estimates derived from the BVAR-SV model are based on samples of 5,000 retained draws, obtained by sampling a total of 30,000 draws, discarding the first 5,000, and retaining every 5th draw of the post-burn sample. Our forecast results are obtained using draws from the predictive distribution (see, e.g., Cogley, Morozov, and Sargent (2005) for a detailed explanation).

For the reasons sketched in CSZ (abstracting from parameter uncertainty), the conditional one-step-ahead predictive distributions obtained from the BVAR-SV model will be symmetric. At longer horizons, symmetry may not apply because, as noted above, the predictive distribution is a complicated function of past data and estimates of parameters and latent volatility states. That said, applying at each forecast origin the conditional symmetry test of Bai and Ng (2001) — a test that is based on the empirical distribution — to the forecast draws from the predictive densities of our estimated BVAR-SV yields results broadly consistent with symmetry. In the in-sample forecasts of GDP growth detailed below, with a 5 percent critical value the Bai-Ng test rejects conditional symmetry in 4 percent of forecast origins at the one-step-ahead horizon and 5 percent at the four-steps-ahead horizon. In the out-of-sample forecasts of GDP growth, the corresponding rejection rates are 8 (one-step) and 6 percent (four-step). Although the tests are unlikely to be independent across the forecast origins, these rejection rates are close to the test's nominal significance level. Accordingly, we take these results as consistent with symmetry of the conditional predictive distributions. However, in the results below we will obtain more time variation in downside risks than upside (for output growth) because the BVAR-SV model is able to capture simultaneous shifts in the means and variances of the conditional distributions.

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<sup>8</sup>To speed computation with the 15-variable model considered in robustness checks, we include in the algorithm the triangularization approach developed in Carriero, Clark, and Marcellino (2019).

## 2.2 BVAR-GFSV Model

In a variation of models developed in Carriero, Clark, and Marcellino (2016, 2018), the BVAR-GFSV specification incorporates a factor structure of volatility into a VAR with stochastic volatility, and it links the factor in volatility to the last quarter’s value of the NFCI (or the financial volatility indicator). In Carriero, Clark, and Marcellino (2016), we first considered a factor structure of volatility for the purpose of making large models with stochastic volatility computationally feasible, and in Carriero, Clark, and Marcellino (2018), we made the factor depend on lagged macroeconomic variables.<sup>9</sup> In this paper, we modify the structure of the model so that the volatility factor depends on the lag of financial conditions but not other variables.<sup>10</sup> The inclusion of lagged financial conditions in the volatility factor processes can be seen as a version of the leverage effect commonly included in stochastic volatility models of financial returns. The BVAR-GFSV specification we consider in this paper is related to a much simpler model described in a robustness check of ABG. Their model features GDP growth and the NFCI, with the volatility of GDP growth a deterministic linear function of the lagged NFCI. Our model includes a wider range of macroeconomic variables and a richer volatility structure, as detailed below.

Our BVAR-GFSV model using the NFCI as the measure of financial conditions takes the form:

$$\begin{aligned}
 y_t &= \sum_{i=1}^p \Pi_i y_{t-i} + v_t \\
 v_t &= A^{-1} \Lambda_t^{0.5} \epsilon_t, \quad \epsilon_t \sim N(0, I_n), \quad \Lambda_t \equiv \text{diag}(\lambda_{1,t}, \dots, \lambda_{n,t}) \\
 \ln \lambda_{i,t} &= \beta_{m,i} \ln m_t + \ln h_{i,t}, \quad i = 1, \dots, n \\
 \ln m_t &= \sum_{i=1}^{p_m} \delta_{m,i} \ln m_{t-i} + \delta_f \text{NFCI}_{t-1} + u_{m,t}, \quad u_{m,t} \sim \text{iid } N(0, \phi_m) \\
 \ln h_{i,t} &= \gamma_{i,0} + \gamma_{i,1} \ln h_{i,t-1} + e_{i,t}, \quad e_{i,t} \sim \text{iid } N(0, \phi_i), \quad i = 1, \dots, n.
 \end{aligned} \tag{2}$$

For each variable  $i$ , its log-volatility follows a linear factor model with a common uncertainty factor  $\ln m_t$  that captures (unobservable) macroeconomic uncertainty. This factor follows an  $\text{AR}(p_m)$  process augmented to include the previous period’s NFCI and an idiosyncratic component  $\ln h_{i,t}$ . The specified relationship of uncertainty to the NFCI allows for the possibility that, in times of poor

<sup>9</sup>In this latter paper, we also allowed the uncertainty factor to enter the conditional mean of the VAR, for the purpose of assessing uncertainty’s effects on the economy.

<sup>10</sup>In light of the forecasting focus of the paper, particularly on modeling possible asymmetries in predictive distributions, we abstract from formal comparisons of the overall fit of the BVAR-GFSV and BVAR-SV models. In estimates of a four-variable model, Carriero, Clark, and Marcellino (2016) find that a BVAR-SV model yields a higher marginal likelihood than does a BVAR-GFSV model. In this study, the estimated link of macroeconomic volatility to financial conditions appears to be significant: in the full sample of data, the posterior mean estimate of  $\delta_f$  is 0.23, with a posterior standard deviation of 0.06.

financial conditions, macroeconomic uncertainty and volatility may be elevated. This specification therefore captures the basic idea of ABG and Adrian, et al. (2018). The idiosyncratic component  $\ln h_{i,t}$  — which captures time variation in each variable’s volatility unique to that variable — follows an AR(1) process.

We use priors for the BVAR-GFSV aligned with those of the BVAR-SV model (indicated above). Regarding the unique components of the BVAR-GFSV model, for the loading  $\beta_{m,i}$ ,  $i = 1, \dots, n$ , on the uncertainty factor  $\ln m_t$ , we use a prior mean of 1 and a standard deviation of 0.5. The prior is meant to be consistent with average volatility approximating aggregate uncertainty. For the coefficients of the process of the factor, we use priors consistent with some persistence in volatility. For the coefficients on lags 1 and 2 of  $\ln m_t$ , we use means of 0.9 and 0.0, respectively, with standard deviations of 0.2. For the coefficient on  $\text{NFCI}_{t-1}$ , we use a mean of 0 and standard deviation of 1.0. For the period 0 value of  $\ln m_t$ , we set the mean at 0 and in each draw use the variances implied by the AR representations of the factors and the draws of the coefficients and error variance matrix. For the idiosyncratic volatility components, the prior means on the intercepts and slope coefficients are  $\ln(0.75 \times \sigma_i^2)$  and 0.0, respectively, where  $\sigma_i^2$  is the residual variance of an AR( $p$ ) model over the estimation sample. For the variance of innovations to the log factor and log idiosyncratic volatilities, we use a mean of 0.03 and 10 degrees of freedom.

We close the discussion of the BVAR-GFSV model with a few other specification or implementation details. First, the uncertainty shock  $u_{m,t}$  is independent of the conditional errors  $\epsilon_t$  as well as the elements of  $\nu_t = (e_{1,t}, \dots, e_{n,t})'$ , which are distributed independently of one another as i.i.d.  $N(0, \Phi_\nu)$ , with  $\Phi_\nu = \text{diag}(\phi_1, \dots, \phi_n)$ . Second, for identification, we follow common practice in the dynamic factor model literature and assume  $\ln m_t$  to have a zero unconditional mean, and we fix the loading on the first variable’s (GDP growth’s) volatility to unity. Third, in our implementation, we set the model’s lag orders at  $p = 4$  and  $p_m = 2$ . Finally we estimate the model with a Gibbs sampler as detailed in Carriero, Clark, and Marcellino (2018). The algorithm is similar to that used for the BVAR-SV model, except that the volatility state is estimated with a particle Gibbs step instead of a Gibbs step based on Kim, Shephard, and Chib (1998). Estimates derived from the BVAR-GFSV model are based on samples of 5,000 retained draws, with the same burn and skip specifications as for the BVAR-SV model, and forecast results are obtained using draws from the predictive distribution.

For the reasons sketched in CSZ, conceptually the BVAR-GFSV model is capable of producing asymmetries in conditional predictive distributions (that is, time-varying tail risks). However, this

result applies only at forecast horizons of more than one period; their analytics (abstracting from parameter uncertainty) imply symmetry of one-step-ahead conditional predictive distributions.<sup>11</sup> As noted above, it is possible that downside risks will vary more over time than upside risks even with conditional predictive distributions that are symmetric.

### 2.3 Quantile Regressions

To assess the efficacy of the BVAR-SV and BVAR-GFSV specifications, we include comparisons to results obtained with the quantile regression approach of ABG. More specifically, in our quantile regression analysis, we estimate a regression model using a direct multi-step form as in ABG:

$$y_{t+h}^{(h)} = x_t' \beta + \epsilon_{t+h}, \quad (3)$$

where  $h$  is the forecast horizon. The vector of predictors  $x_t$  includes a constant,  $y_t$ , and either  $\text{NFCI}_t$  in the baseline results or a financial volatility indicator in the robustness check. In our results for GDP growth, we consider forecast horizons of both one and four quarters,  $y_t$  is annualized quarterly GDP growth computed as 400 times the log change, and  $y_{t+h}^{(h)} \equiv h^{-1} \sum_{i=1}^h y_{t+i}$ . In results for the unemployment rate, our specification is patterned along the lines of Kiley’s (2018), to predict the change in unemployment rather than the level. We use just a forecast horizon of four quarters,  $y_t$  is the unemployment rate, and  $y_{t+4}^{(4)} \equiv y_{t+4} - y_t$ .

In all cases, the parameter vector  $\beta$  is obtained with quantile regression:

$$\hat{\beta} = \underset{\beta}{\operatorname{argmin}} \sum_{t=1}^{T-h} \left( \tau \cdot \mathbf{1}_{(y_{t+h}^{(h)} \geq x_t' \beta)} |y_{t+h}^{(h)} - x_t' \beta| + (1 - \tau) \cdot \mathbf{1}_{(y_{t+h}^{(h)} < x_t' \beta)} |y_{t+h}^{(h)} - x_t' \beta| \right). \quad (4)$$

We estimate the model for quantiles of  $\tau = 0.05, 0.25, 0.75,$  and  $0.95$ , as well as  $\tau = 0.5$ . Following ABG, to obtain some of the forecast measures considered — not all, as detailed in the next section — at each point in time we use the estimates of the first four quantiles in a second step that consists of fitting the skewed  $t$ -distribution developed by Azzalini and Capitanio (2003). This second step serves to smooth the estimated quantile function and provide a complete probability density function needed for some of the forecast comparisons.<sup>12</sup>

<sup>11</sup>Conceptually, specifying the BVAR-GFSV model as in Carriero, Clark, and Marcellino (2018), so that an uncertainty factor contemporaneously enters both the conditional mean and variance of the VAR, would make the model capable of producing asymmetries in both one-step-ahead and multi-step forecasts — replicating a feature of common models of financial returns with leverage effects. We don’t consider that route in this paper because the CCM approach to estimating macroeconomic uncertainty relies on a large data set, which would make real-time forecasting computationally very costly. And our results indicate that, from a forecasting perspective, the simpler model works in practice.

<sup>12</sup>Other studies in the forecasting literature with quantile models, such as Gaglianone and Lima (2012) and Korobilis (2017), have also used two-step approaches that involve fitting a density to the quantile estimates. In this step, we follow exactly the procedure of ABG, using the Matlab programs accompanying their paper.

### 3 Data

Reflecting our VAR specifications, we focus on a data set of five variables, at a quarterly frequency. In the baseline case, the variables consist of GDP growth (annualized, as  $400\Delta \ln \text{GDP}$ ), the unemployment rate, inflation in the GDP price index (annualized, as  $\Delta \ln P$ ), the federal funds rate, and the Chicago Fed’s NFCI. The first four variables are very commonly used in small VARs in the forecasting literature (see, e.g., Clark and Ravazzolo (2015) and Carriero, Clark, and Marcellino (2016)). In our baseline results, we use the NFCI to measure financial conditions following prior research that has found it to be related to recessions or business cycle asymmetries more generally (e.g., Adrian, Boyarchenko, and Giannone (2019a)). Although we focus on the five-variable model, we obtained qualitatively similar results with just a bivariate model in GDP growth and the NFCI and with a 15-variable model consisting of the 14-variable set of Carriero, Clark, and Marcellino (2016) augmented by the NFCI. In another set of robustness checks we do report, we replace the NFCI with a measure of financial market volatility considered in Giglio, Kelly, and Pruitt (2016). In particular, we use their turbulence variable, computed from asset returns for the 20 largest financial institutions each year, to measure the distance (as proposed by Kritzman and Li (2010)) between recent and historical covariation. Note that using this measure allows us to consider robustness not only to the use of a different financial indicator but also to a longer sample, due to the earlier availability of the turbulence variable.

In the real-time forecast analysis, output is measured as GDP or GNP, depending on data vintage. Inflation is measured with the GDP or GNP deflator or price index. For simplicity, hereafter “GDP” and “GDP price index” refer to the output or price series, even though the measures are based on GNP and a fixed weight deflator for some of the sample. Real-time data on GDP, the unemployment rate, and the GDP price index are taken from the Federal Reserve Bank of Philadelphia’s Real-Time Data Set for Macroeconomists (RTDSM). But in full-sample estimates described below, we use current-vintage data on GDP, the GDP deflator, and unemployment rate obtained from the FAME database of the Federal Reserve Board of Governors.

In the case of interest rates, for which real-time revisions are non-existent, we abstract from real-time aspects of the data and use current vintage data obtained from the FAME database. In the case of the NFCI, its construction from a factor model means it will be subject to revision over time, but in the absence of a long history of vintages of real-time data on it, we abstract from the real-time aspect of the NFCI and use a current vintage series obtained from the website of the Federal Reserve Bank of Chicago. In the case of the turbulence variable, we took the series from

the data files of Giglio, Kelly, and Pruitt (2016).

In our main results, our analysis of real-time forecasts uses real-time data vintages from 1985:Q1 through 2018:Q3. As described in Croushore and Stark (2001), the vintages of the RTDSM are dated to reflect the information available around the middle of each quarter. For each forecast origin  $t$  starting with 1985:Q1, we use the real-time data vintage  $t$  containing data through  $t - 1$  to estimate the forecast models and construct forecasts for periods  $t$  and beyond. Note that this timing means that, in our main results, the last data vintage of 2018:Q3 contains data ending in 2018:Q2. The out-of-sample forecast evaluation uses a sample of forecasts produced starting in 1985:Q1 and ending in 2018:Q2. In our results using the turbulence variable, we use vintages starting with 1972:Q1 and ending with 2012:Q1 (containing data through 2011:Q4) and evaluate out-of-sample forecasts produced starting in 1972:Q1 and ending in 2011:Q4. We report results for forecasts at horizons of one and four quarters ahead. In keeping with ABG, the results for the four-steps-ahead horizon are for the four-quarter average growth rate of GDP (equivalent to  $100 \ln(\text{GDP}_{t+4}/\text{GDP}_t)$ ).

As discussed in such sources as Croushore (2006), Romer and Romer (2000), and Sims (2002), evaluating the accuracy of real-time forecasts requires a difficult decision on what to take as the actual data in calculating forecast errors. The GDP data available today for, say, 1985, represent the best available estimates of output in 1985. However, output as defined and measured today is quite different from output as defined and measured years ago. For example, in the mid-1990s, the measure of national output switched from fixed-weight GNP to chain-weighted GDP. Forecasters in 1985 could not have foreseen such changes and the potential impact on measured output. Accordingly, following studies such as Clark (2011), Faust and Wright (2009), and Romer and Romer (2000) that have used early estimates, we use the first available estimates of the real-time measured variables as actuals in evaluating forecast accuracy. For interest rates and the NFCI, the real-time data correspond to the final vintage data.

Finally, in our main results all models are estimated with data on GDP growth, other macro variables, and the NFCI that start in 1971:Q1, reflecting the starting point of the NFCI. The starting point of the estimation sample is then 1971:Q1 + (the lag order of the model as indicated in the previous section) + (the forecast horizon less 1). In our robustness checks with the turbulence indicator, the underlying data on GDP growth and the other variables included are available back to 1959:Q2. In this case, the starting point of the estimation sample is then 1959:Q2 + (the lag order of the model as indicated in the previous section) + (the forecast horizon less 1).<sup>13</sup>

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<sup>13</sup>In real-time out-of-sample forecasting with the BVAR, there are a few vintages in which the GDP data start a

## 4 Forecast Metrics

In assessing the efficacy of the models described in the previous section, we consider a range of forecast metrics. In the paper, we provide results using lower and upper quantiles of 5 and 95 percent, respectively. Using lower and upper quantiles of 10 and 90 percent yields very similar results, provided in the appendix.

Although not a focus of the paper, as a basic check we consider point forecasts, defined as the median of the predictive distributions for the BVAR-SV and BVAR-GFSV models and the prediction obtained from the quantile regression at the quantile  $\tau = 0.5$ . We evaluate the point forecasts with the root mean squared error (RMSE). Although the quantile methods advocated in ABG are not intended to produce good point forecasts, the point forecasts provide a basic check of the model; at a minimum, in practice it is useful to know if a model that might be useful for assessing downside risks is also successful at capturing the center of the distribution.

We also examine overall density forecast accuracy, measured with the average log predictive score. As with RMSE and point forecasts, we treat log score performance as a basic check and not the focal point of the comparison. To compute the score with the BVAR-SV and BVAR-GFSV models, we use a kernel-smoothed estimate of the density of the draws from the predictive distribution. With quantile regression, we compute the predictive score as in ABG, using the second-step, smoothed estimate of the quantile function.

To assess the efficacy of the models in quantifying tail risks, we consider two basic measures of the accuracy of the lower tail quantile estimate, at the 5 percent quantile. For the BVAR-SV and BVAR-GFSV models, the quantile is simply estimated as the associated percentile of the simulated predictive distribution. For the quantile regression, we use the prediction obtained from the quantile regression at the quantile  $\tau = 0.05$ . Applied to these quantile estimates, the first accuracy measure is a simple coverage measure for the interval forecast: the percentage of outcomes falling below the 5 percent quantile of the forecast distribution. The second is the quantile score, commonly associated with the tick loss function (see, e.g., Giacomini and Komunjer (2005)). The quantile score is computed as

$$QS_{t+h} = (y_{t+h} - Q_{\tau,t+h})(\tau - \mathbf{1}_{(y_{t+h} \leq Q_{\tau,t+h})}), \quad (5)$$

where  $y_{t+h}$  is the actual outcome for GDP growth,  $Q_{\tau,t+h}$  is the forecast quantile at quantile  $\tau = 0.05$ , and the indicator function  $\mathbf{1}_{(y_{t+h} \leq Q_{\tau,t+h})}$  has a value of 1 if the outcome is at or below the forecast quantile and 0 otherwise. Although much of the recent literature has not included formal

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few quarters later than normal, and in these cases the estimation sample is shortened accordingly.



statistical evaluations of quantile accuracy, Manzan (2015) relied on the quantile score. Note also that, in coverage and quantile score comparisons, the results from quantile regression are based on the direct quantile estimate; the smoothing step of ABG does not factor into these comparisons.

In comparing the models, we also rely on estimates of expected shortfall (ES) and long-rise measures as in ABG. The shortfall is the conditional expectation (mean or average) of GDP growth rates in the 5 percent tail of the predictive distribution, and the long-rise is the conditional expectation of GDP growth rates in the 95 percent tail of the predictive distribution (see sources such as ABG for explicit formulae). The 5 percent quantile corresponds to the Value at Risk (VaR) — the GDP growth rate that would occur with 5 percent probability; the expected shortfall provides a measure of the average growth rate that would be observed if growth were in that tail of the distribution. With the BVAR-SV and BVAR-GFSV models, we estimate the expected shortfall and long-rise as the means of forecast draws in, respectively, the 5 percent and 95 percent tails of the predictive distributions. For the quantile regression, we estimate the shortfall and long-rise as in ABG, using the second-step, smoothed estimate of the quantile function to obtain the complete density function and, in turn, the shortfall and long-rise.

We evaluate the shortfall forecasts using the joint value at risk-expected shortfall (VaR-ES) score from Fissler, Ziegel, and Gneiting (2015). As explained in Fissler and Ziegel (2016), expected shortfall by itself is not an elicitable risk measure (i.e., the correct forecast need not be the unique minimizer of the loss function), whereas value at risk and expected shortfall can be jointly elicited.<sup>14</sup> The joint VaR-ES score is computed as

$$S_{t+h} = Q_{\tau,t+h} \cdot (\mathbf{1}_{(y_{t+h} \leq Q_{\tau,t+h})} - \tau) - y_{t+h} \cdot \mathbf{1}_{(y_{t+h} < Q_{\tau,t+h})} \quad (6)$$

$$+ \frac{e^{\text{ES}_{\tau,t+h}}}{1 + e^{\text{ES}_{\tau,t+h}}} \left( \text{ES}_{\tau,t+h} - Q_{\tau,t+h} + \tau^{-1} (Q_{\tau,t+h} - y_{t+h}) \mathbf{1}_{(y_{t+h} < Q_{\tau,t+h})} \right) + \ln \frac{2}{1 + e^{\text{ES}_{\tau,t+h}}},$$

where  $\tau = 0.05$  and  $\text{ES}_{\tau,t+h}$  denotes the expected shortfall forecast at quantile  $\tau$ .

The remaining sections of the paper present results using these forecast metrics. Although our focus is on conventional out-of-sample forecasts, we also provide some results on in-sample forecasts. We do so in part because, due to the NFCI data being available back to only 1971, the overall sample is too short to allow out-of-sample evaluation over the recessions of the 1970s and early 1980s. In addition, with many of the results reported in ABG being in-sample rather than out-of-sample, providing in-sample results in our paper facilitates comparison of our BVAR-based models to quantile regression-based results. We compute in-sample forecast results just as we do for

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<sup>14</sup>See Taylor (2019) for another application using the Fissler, Ziegel, and Gneiting (2015) score and a useful discussion of challenges in evaluating shortfall by itself.

the out-of-sample case, with the differences that the parameter estimates used are obtained for the full sample rather than a recursive window, and we abstract from real-time data in the in-sample results.<sup>15</sup>

## 5 Empirical Results

This section begins with tests of skewness and kurtosis in the raw data, BVAR-SV residuals, and BVAR-SV out-of-sample forecast errors (results with the BVAR-GFSV specification are qualitatively similar and omitted for the sake of brevity). It next reviews some of the practical challenges with using quantile regression to assess tail risks in short macroeconomic time series. The section then examines — for GDP growth — estimates of expected shortfall and long-rise in both in-sample and out-of-sample forecasts to compare the abilities of the models under consideration to capture downside risks. The section next provides an analysis of in-sample and out-of-sample forecast accuracy for GDP growth. The next two subsections consider robustness, first with respect to replacing the NFCI with a measure of financial volatility and second with respect to forecasting the unemployment rate rather than GDP growth.

### 5.1 Skewness and Kurtosis Properties

As noted in the introduction, asymmetries in the distributions of outcomes and predictive distributions might be expected to be associated with skewness in the data, residuals, and forecast errors (subject to the caveat that simple checks of skewness abstract from time variation and can be seen as applying to marginal distributions, which might show little skewness on average even if conditional distributions are sometimes asymmetric). Although some papers in the literature present skewness statistics, they normally do so without formal inference of statistical significance (e.g., Kozeniauskas, Orlik, and Veldkamp (2018) and Orlik and Veldkamp (2015)). To assess the significance of skewness, we use the formal time series tests of Bai and Ng (2005), using HAC variances computed with the pre-whitened quadratic spectral kernel, as developed in Andrews and Monahan (1992). We also include the Bai and Ng (2001) test of conditional symmetry, computed as described in their paper.<sup>16</sup> In part because some studies consider overall tests for normality

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<sup>15</sup>Regarding the treatment of the latent volatility states in the in-sample forecasts, we construct the forecasts so as to reflect some of the uncertainty around the path of volatility over each forecast horizon. Specifically, at each forecast origin  $t$  in the sample, for each MCMC draw we simulate a path of log volatility from  $t$  through  $t + H - 1$  periods ahead, starting from the smoothed estimate of log volatility in period  $t - 1$ . We then compute the implied  $\Sigma_{t+h}$  and draw shocks to  $y$  for period  $t + h$  with variance  $\Sigma_{t+h}$ . We feed in the shocks and iterate the VAR forward starting from the data  $y_{t-1}$  to obtain draws of forecasts for periods  $t$  through  $t + H - 1$ .

<sup>16</sup>In applying the conditional symmetry test to the data, we use the residuals from AR(4) models estimated for each series. In applying the test to VAR residuals or forecast errors, we use the residuals or errors in question without

that cover both skewness and kurtosis (e.g., Jensen, et al. (2020)), we also include test results for kurtosis and normality. To provide a graphical illustration of possible asymmetries, we also follow some recent studies (e.g., Galbraith and van Norden (2019)) in providing quantile-quantile (Q-Q) plots, in our case for the VAR-SV residuals and forecast errors. These plots compare the empirical quantiles of the residuals or forecast errors with quantiles of the normal distribution. To facilitate this comparison, we first compute the quantiles of the standard normal distribution and then adjust these quantiles to reflect the same mean and variance as each time series in question.

In these estimates, the sample is 1972:Q1-2018:Q2 for the data and BVAR-SV residuals and 1985:Q1-2018:Q2 for the out-of-sample forecast errors. The residuals used in these estimates are the posterior medians of residuals across simulation draws. We also consider normalized residuals, which are the posterior medians of draws of residuals divided by the standard deviation, where the standard deviation is the square root of the corresponding diagonal element of  $\Sigma_t$  for each draw.<sup>17</sup> In the case of the out-of-sample forecast errors from the BVAR-SV specification, the forecast errors are computed using point forecasts defined as posterior medians, at forecast horizons of one and four quarters.

In Table 1’s results for the raw data (first panel) and BVAR-SV residuals (second panel), the skewness statistics are often large, but not often statistically significant. For example, GDP growth has a skewness statistic of -0.364, but the estimate is sufficiently imprecise that the Bai and Ng (2005) test statistic for skewness is not close to rejection. In the raw data and BVAR-SV residuals, there is more evidence of kurtosis than skewness, with rejections of no-kurtosis for several of the variables.<sup>18</sup> In contrast, when the BVAR residuals are normalized by their time-varying volatilities, the evidence of kurtosis declines, whereas the evidence of skewness increases, with rejections of no-skewness and conditional symmetry for the unemployment rate and NFCI.<sup>19</sup> As indicated in the

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further transformation.

<sup>17</sup>More specifically, in the case of the BVAR-SV residuals results, for the time series of each variable  $i$ , we compute skewness statistics for the posterior median of the draws of  $v_{i,t}$ . In the normalized residuals results, for each draw  $j$ , we compute  $v_{i,t}^{(j)} / \sqrt{\sigma_{i,t}^{(j)}}$ , where  $\sigma_{i,t}$  denotes the  $i$ -th diagonal element of  $\Sigma_t$  (the smoothed estimate from draw  $j$ ) and its median across draws. We then apply the tests to this time series.

<sup>18</sup>The large kurtosis statistic for the federal funds rate residual may be associated with the very high volatility that occurred with the monetary policy regime changes in the 1979-82 period, which likely produces a large kurtosis point estimate at the same time it inflates the imprecision of the fourth moment. The kurtosis statistic for the funds rate residual is much lower when the sample is shortened to start in 1985.

<sup>19</sup>In results detailed in the appendix, when we shorten the sample to 1985-2018 (without changing the sample of model estimates used to obtain the residuals), it remains the case that the normalized residuals show significant asymmetries for the unemployment rate and NFCI, although the evidence of significant skewness or kurtosis in the data and raw residuals is a little weaker than in the 1972-2018 sample. In the shorter sample, our estimate of skewness in GDP growth data is similar to the estimate of Jensen, et al. (2020); whereas their bootstrap approach to inference implies that their estimate is statistically significant, our approach based on the normal-based inference of Bai and Ng (2005) implies that our estimate is not significant.

bottom two panels of the table, the evidence of skewness and kurtosis is modestly weaker in the shorter sample of out-of-sample forecast errors from the BVAR-SV model (based on real-time data, as noted above). In this case, the Bai-Ng tests yield little evidence of significant skewness or kurtosis, at any horizon, although the test for conditional symmetry provides some evidence for asymmetries.

As another, more informal and visual assessment of skewness and kurtosis in the BVAR-SV residuals, Figure 1 provides Q-Q plots for each variable’s residual, with the raw residuals in the upper panel and the volatility-normalized residuals in the lower panel, and Figure 2 provides Q-Q plots for real-time OOS forecast errors from the BVAR-SV specification, at horizons of one and four quarters ahead. The charts compare the empirical quantiles of the time series of residuals or forecast errors (again, posterior medians) against the quantiles of the normal distribution, with the sloped line tracing out where the empirical quantiles would lie if they matched the normal quantiles. In Figure 1’s results for residuals, the upper panel displays some notable departures from normality, most dramatically for the federal funds rate and the NFCI. Normalizing the residuals by their volatilities (lower panel) helps move the empirical quantiles toward the normal case, although still with some departures, most notably for the unemployment rate and the NFCI. Figure 2’s results for forecast errors (both horizons) are qualitatively similar in suggesting departures from normality, although a little less so for the funds rate in the out-of-sample results than in the in-sample residuals case.

Overall, from these results we conclude that, consistent with some prior results in the literature, there is some suggestive evidence of asymmetries in macroeconomic data, but the formal statistical evidence is hardly overwhelming. Notably, in these estimates there does not appear to be much evidence of asymmetries in GDP growth (data, VAR residuals, or forecast errors).

## 5.2 Empirical Challenges with Approaches Based on Quantile Regression

Although quantile regression-based approaches are drawing considerable interest for quantifying tail risks in macroeconomics, they can come with some challenges in data samples of the size typically available. One challenge is that a quantile regression approach can yield quantile estimates that cross one another. In developing results for this paper, crossing occurred occasionally in real-time forecasting. Figure 3 provides two examples, reporting time series of forecast quantiles (5 percent, 25 percent, 75 percent, and 95 percent, dated by the forecast origin) obtained recursively using real-time data vintages from 1985:Q1 through 2018:Q2. The first, reported in the top panel of the figure, occurs with a one-quarter-ahead model of GDP growth relating growth to a constant, lagged

growth, and lagged turbulence (as part of the robustness check provided in Section 5.5). In this case, crossing occurs in that the 95 percent quantile drops below the 75 percent quantile in two different periods of the sample. In a case such as this, with the focus on bottom tail risks, the crossing in upper tail quantiles might not be a great concern, but this kind of crossing can pose challenges with the second-step fitting of a skewed distribution to the few quantiles, and in turn contaminate the shortfall and long-rise estimates obtained on the basis of these second-step estimates. The second crossing example, in the bottom panel of the figure, occurs with a model (similar to the Phillips curve-motivated model of Lopez-Salido and Loria (2019)) relating the four-quarters-ahead change in GDP inflation to a constant and to the gap between inflation and a survey-based long-horizon expectation, the unemployment rate, and the NFCI. (Although we did not use this model in the paper’s results, we produced these results in exploratory analysis of tail risks to inflation.) In this case, the crossing occurs in the early years of the forecast sample, in the 75 percent and 95 percent quantiles. In unreported estimates, additional crossing or meeting of quantile estimates occurs around 2010, in the 75 percent-90 percent and 10 percent-25 percent quantiles.

Another challenge with quantile regression-based methods in macroeconomic time series is that small samples can create precision challenges with tail quantile estimates. In keeping with some of the overall volatility in our out-of-sample quantile regression estimates presented later in this section, we observed some sharp changes in quantile estimates that could occur with small changes in sample. In one of the more striking examples, when (in unreported results) we added a few years of data to the sample of ABG as a check of our data and code, the estimated coefficient estimate on the NFCI for the 75 percent quantile changed sharply (from about -1 to about 0.1). Of course, this particular change does not affect the lower tail quantile, but it can affect the shortfall estimate due to the second step involved in smoothing the quantile estimates by fitting a skewed- $t$  distribution. The top panel of Figure 4 provides the time series of estimates of the coefficient on the lagged NFCI in the one-step-ahead quantile regression model of GDP growth, for the median and 5 percent, 25 percent, 75 percent, and 95 percent quantiles. The estimates, obtained recursively using real-time data vintages from 1985:Q1 through 2018:Q2, are dated by the forecast origin. Of course, even in conventional linear models, estimates of the conditional mean parameters can shift around over time. Consistent with that, the median coefficient estimate rises some early in the sample before stabilizing around a value of about -1. The estimates of coefficients at the 25 percent and 75 percent quantiles display a comparable degree of time variation. Time variation is much greater for the estimates of coefficients at the 5 percent and 95 percent quantiles. This

kind of variability may contribute to weaker forecast performance out-of-sample than in-sample. The bottom panel of Figure 4 compares the corresponding quantile estimates from the QR model to those from the BVAR-SV specification. The variability of the QR model’s upper-tail coefficient on the NFCI in the late 1980s and 1990s translates into some volatility in the estimate of the 95 percent quantile relative to the estimate obtained with the BVAR-SV model. The variability of the QR and BVAR-SV quantile estimates are more comparable for the median and lower tail quantiles.

In the quantile literature, the challenges of estimating extreme quantiles with small samples of observations are well known. Researchers have developed extremal quantile methods of bias correction and inference that improve on the performance of conventional estimators and conventional Gaussian inference in such cases. According to a rule of thumb summarized in the survey of Chernozhukov, Fernandez-Val, and Kaji (2017), extreme value methods should be used when  $\tau T/k \leq 15$  to 20, where  $\tau$  denotes the quantile,  $T$  is the sample size, and  $k$  is the number of regressors. In an application like that of ABG and this paper, with about 40 years of quarterly data, a quantile of 0.05, and 3 regressors (constant, lagged GDP growth, and lagged NFCI),  $\tau T/k \approx 2.7$ . This suggests some challenges with extreme quantile estimation, tail forecasting, and inference in quarterly macroeconomic time series.

### 5.3 Predictive Distributions

To compare the abilities of the quantile regression, BVAR-SV model, and BVAR-GFSV model to capture downside risks to GDP growth, Figures 5 and 6 report time series of expected shortfall (at 5 percent) and long-rise (at 95 percent) estimates at the one-step- and four-steps-ahead forecast horizons. The in-sample forecast estimates of Figure 5 display some of the asymmetries highlighted by ABG. For example, with GDP growth estimates from quantile regression and the BVAR-SV model (top panel), the shortfall drops sharply around the Great Recession of 2007-2009, whereas the long-rise changes relatively little. The same occurs in some episodes around recessions in the 1970s and early 1980s. For GDP growth, these asymmetries hold up at the four-steps-ahead horizon. On the other hand, as indicated in the results in the upper panel, the four-steps-ahead estimates from the quantile regression specification are overall a fair amount more variable than the BVAR-SV model’s estimates, with much more symmetry than in the one-step-ahead case. The lower panel of Figure 5 directly compares in-sample shortfall and long-rise estimates from the BVAR-SV and BVAR-GFSV specifications. Qualitatively, these models yield similar estimates, although the BVAR-GFSV specifications yield larger moves in long-rise and shortfall estimates at the four-step horizon — but with even more symmetry than in the SV specifications. In all cases, the expected

shortfall is more variable than the long-rise, in keeping with one of the asymmetries patterns noted in ABG and CSZ. For example, at the four-step horizon, the standard deviation of shortfall divided by the standard deviation of long-rise is 1.5 for the quantile regression estimates and 1.9 for the BVAR-SV estimates (details are provided in the appendix’s Table A2). In addition, results provided in the appendix (Figure A3) show that a finding of CSZ obtains in our BVAR-SV estimates: For the NFCI (financial conditions), the asymmetry is in an upside direction, with long-rise more variable than shortfall.

Moving from in-sample to out-of-sample forecasts as reported in Figure 6 weakens somewhat the picture of asymmetries between the expected shortfall and long-rise. The out-of-sample estimates show some of the same asymmetries as do the corresponding in-sample results, but not as many. For GDP growth, the BVAR-SV model captures some asymmetries around the Great Recession. At the one-step horizon, the QR-based estimates actually display some **upside** asymmetry in long-rise in the early or mid-1990s; this is not as evident in the BVAR-SV estimates. In addition, over the out-of-sample period, the differences in volatilities of shortfall versus long-rise are more modest than in the in-sample period. For example, at the one-step (four-step) horizon, the standard deviation of shortfall divided by the standard deviation of long-rise is 0.8 (1.2) for the quantile regression estimates and 1.1 (0.9) for the BVAR-SV estimates. In the out-of-sample case, as in the in-sample case, from the perspective of capturing downside asymmetries there appears to be no broad advantage to the BVAR-GFSV model over the BVAR-SV specification, although, in the in-sample case, shortfall estimates fall more in the recessions of the early 1980s with GFSV than with SV. In supplemental results included in the appendix, we have also directly compared the in-sample estimates from each model to its corresponding out-of-sample estimates. With the BVAR-SV and GFSV estimates, we obtain the pattern that might be expected: The out-of-sample estimates of shortfall and long-rise tend to show more variability than the in-sample estimates, with the out-of-sample measures looking like noisy estimates of the in-sample measures. In contrast, with the quantile regression approach, the out-of-sample estimates of shortfall and long-rise are generally less variable than the in-sample forecast estimates, although there is something of a notable exception with long-rise in the early 1990s, when the in-sample estimate spiked higher for a time. In the out-of-sample case, as in the in-sample, for the NFCI (financial conditions), the asymmetry is in an upside direction, with long-rise more variable than shortfall (see appendix Figure A3).

Differences in in-sample and out-of-sample forecast estimates could be driven partly by instabilities in the parameters of the VAR. In the in-sample case, the parameter estimates will average

across any breaks, and the forecasts will reflect these averages. In the out-of-sample case, instabilities in underlying parameters can effect change — i.e., get partially accommodated — as parameter estimates are recursively updated as the sample expands with forecasting moving forward in time. We have checked the time profiles of recursive parameter estimates from the BVAR-SV and BVAR-GFSV models and found that these do not display clear breaks. A few coefficients gradually drift by small or modest amounts, although these changes are not generally large relative to the imprecision around each estimate. One might also worry that the asymmetries in tail risks over time are driven by changes in parameter estimates around recessions. But the recursive parameter estimates don't show shifts around recessions, either. This is consistent with the asymmetries we find in shortfall relative to long-rise as genuine. Although at a conceptual level one might prefer the BVAR-GFSV model over the BVAR-SV because it formally links macroeconomic volatility to financial conditions, in practice a BVAR-SV model appears to be able to capture similar behavior. In the appendix, we provide the results of Monte Carlo experiments that corroborate this finding. In particular, with data generated by a BVAR-GFSV specification linking macroeconomic volatility to financial conditions, one-step-ahead predictive distributions yield more time variation in downside risks than upside risks, with comparable performance of BVAR-SV and BVAR-GFSV models.

One aspect of model specification that appears to be important for capturing a pattern of time variation in downside risks to output growth like that of ABG is the inclusion of a measure of financial conditions. These conditions appear to bear significantly on the timing of the model's estimates of shifts in the means and variances of the conditional predictive distributions. For example, in the in-sample case, if we exclude financial conditions and consider just a four-variable macroeconomic VAR, we still obtain more time variation in downside risks as compared to upside, but the timing of the asymmetric shifts in the bottom tail compared to the top is considerably different than in the estimates presented in this section.

## 5.4 Forecast Accuracy

This subsection provides a more formal analysis of forecast performance, both in-sample and out-of-sample, for point forecasts, density forecasts, interval and quantile forecasts, and the joint VaR-ES forecasts. Admittedly, the in-sample forecasts are not really forecasts. But with the short sample (especially with respect to tail risks) and other studies in the risk assessment literature relying on in-sample forecasts, the in-sample analysis can help shed some light on the relative performance of the models we consider. In light of a potentially large role for the recent Great Recession (associated with a business cycle peak of 2007:Q4 and trough of 2009:Q2) and subsequently slow recovery, we



provide results for a full sample of 1985-2018 and a subsample of 1985-2007.

Table 2 provides results for the in-sample forecasts from the quantile regression and BVAR-based models. To facilitate comparisons, except in the case of the coverage rates, the results for the BVAR-SV and BVAR-GFSV models are reported as relative to those for quantile regression. In particular, for these models, we report RMSE as a ratio of the quantile regression’s RMSE and the quantile score as a ratio of the quantile regression’s score — in both cases, a ratio below 1 means the BVAR is more accurate. We report the log predictive and VaR-ES scores as differences with respect to the quantile regression, so that a differential above 0 means the BVAR is more accurate. To gauge statistical significance (roughly, given that the test in question is intended for out-of-sample forecasts and the first table of results are for in-sample forecasts), we estimate Diebold and Mariano (1995)–West (1996)  $t$ -tests for equality of the average loss (with loss defined as squared error, log score, quantile score, or VaR-ES score). We also compute  $t$ -tests for the empirical coverage rate equaling the nominal rate of 5 percent. In the tables, differences in accuracy that are statistically different from zero are denoted by one, two, or three asterisks, corresponding to significance levels of 10 percent, 5 percent, and 1 percent, respectively. The underlying  $p$ -values are based on  $t$ -statistics computed with a serial correlation-robust variance, using the pre-whitened quadratic spectral estimator of Andrews and Monahan (1992).

In terms of conventional point forecasting and density forecasts as captured by log scores, the BVARs and quantile regression are broadly similar in accuracy. In point forecasting, the BVARs have RMSEs similar to one another and slightly better than quantile regression, although the differences do not appear to be large enough to be statistically significant and some of the gain in RMSE appears to be driven by the post-2007 part of the sample. The similarity of log score results means that, even if quantile regression were capturing downside risks, it is not fitting the overall density better than do the BVAR-SV and BVAR-GFSV specifications (a higher number means a better forecast). With respect to the 5 percent (left tail) interval forecasts, all of the models yield coverage rates reasonably close to the nominal rates, although the BVAR-SV rate gets down to about 1 percent and the BVAR-GFSV rate comes down to 2 percent (implying bands too wide) at the one-step horizon in the 1985-2007 period.

Turning to the quantile score and VaR-ES score results that bear more directly on the efficacy of the models in capturing downside tail risks, by the quantile score, the quantile regression and BVAR-based models perform similarly. There are some small differences between the BVAR models and quantile regression, but none statistically significant by the rough (for in-sample purposes)

metric of the Diebold and Mariano–West statistics. For the VaR-ES score, quantile regression and the BVAR-GFSV model perform pretty similarly, although quantile regression has some small to modest advantage over the BVAR-GFSV model at the four-step horizon in the 1985-2007 period. By this metric, the BVAR-GFSV specification scores a little better than does the BVAR-SV model, but again, few differences are statistically significant.

Table 3 provides corresponding results for out-of-sample forecasts. In both point and density forecasts of GDP growth, the BVARs are somewhat better than quantile regression, at both horizons. In point forecast accuracy, the BVAR-based specifications are similar to one another and both are modestly better than quantile regression, more noticeably than in the in-sample forecast results. In overall density forecast accuracy as captured by log scores, the BVARs continue to have a small to modest advantage over quantile regression, with GFSV achieving statistically significant gains above 10 percent at the one-step-ahead horizon. With both point and density forecasts, the Diebold and Mariano–West tests indicate that the gains with the BVAR-GFSV model over quantile regression are statistically significant at the shorter forecast horizon.

As to the tail risk-focused measures, by the quantile score (again, at the 5 percent quantile), the BVAR-GFSV model is as good as ( $h=1$ ) or better ( $h=4$ ) than quantile regression. At the longer horizon, the performance of quantile regression on an out-of-sample basis is influenced by a period around the 1990-1991 recession when quantile regression does not do well at the four-step horizon. The BVAR-SV specification is not quite as good as the BVAR-GFSV model, but not really very different, either. With the quantile score measure, none of the differences for the BVARs relative to the quantile regression are large enough to achieve statistical significance with the Diebold and Mariano–West test. By the joint VaR-ES score, the BVAR-GFSV model is broadly comparable to quantile regression, with quantile regression better at the one-step horizon and the BVAR-GFSV model better at the longer horizon. But the differences are not large enough to be statistically significant. By this score, too, the BVAR-SV model is not quite as good as the BVAR-GFSV specification, but it is not really different, either.

What should one take away from these forecast comparisons? In these results for GDP growth, quantile regression doesn't seem to offer any advantages in forecast accuracy over a BVAR-SV or BVAR-GFSV specification. In some dimensions, one or another of the BVAR specifications is better. Of course, quantile regression itself is quite simple, but if one wants to assess tail risks with expected shortfall or assess shortfall forecasts, as opposed to just compute a tail quantile and take it as a measure of GDP-at-risk as in Adrian, et al. (2018), the second-step smoothing of ABG

becomes necessary, and arguably, for those already familiar with BVARs, that step adds at least some complication. In addition, to obtain results for more than a single forecast horizon or for more than one variable, one must specify and estimate different models for each horizon and each variable. Our results show that one can keep the rich and broadly useful features of BVARs for forecasting while still using them for the risk assessments now of interest — and obtain tail risk assessments quite comparable to what would be obtained with quantile regression. And one can do with a single BVAR covering all variables and horizons rather than multiple models covering each different variable-horizon combination. As noted above, the BVAR specifications yield this asymmetry in the time variation of downside versus upside tail risks even though the conditional predictive distributions are symmetric, because they are subject to simultaneous shifts in means and variances.

## 5.5 Results Using Financial Turbulence

To assess the robustness of our findings to the choice of the NFCI as the measure of financial conditions, this subsection presents the key results of interest obtained by measuring financial conditions with the turbulence indicator of Giglio, Kelly, and Pruitt (2016). In these results, turbulence replaces the NFCI as the financial variable in the VAR and QR models and as the variable to which volatility is attached in the BVAR-GFSV specification. Reflecting availability, the turbulence-based results use earlier data (raw data back to 1959 in estimation and a 1972:Q1 starting vintage in real-time forecasting) and a sample that ends in 2011 instead of 2018.

Figures 7 (in-sample) and 8 (out-of-sample) compare estimates of expected shortfall (at 5 percent) and long-rise (at 95 percent) at the one-step- and four-steps-ahead forecast horizons obtained with the baseline models including the NFCI and the alternative models including turbulence. In each figure, the top panel compares estimates from the baseline QR specification including the NFCI to estimates from the QR specification including turbulence, and the bottom panel compares estimates from the baseline five-variable BVAR-SV model including the NFCI and the BVAR-SV specification including turbulence. In the case of the BVAR-SV model, the shortfall and long-rise estimates are quite similar across the specifications including the NFCI and turbulence. For example, regardless of this choice of financial indicator, the in-sample estimates of shortfall are considerably more variable than those of long-rise. So the BVAR-SV specification seems to have some robustness to the choice of financial indicator included in the model. However, with quantile regression, the shortfall and long-rise estimates are more sensitive to the choice of financial indicator. Shortfall estimates are considerably more variable with turbulence as the financial indicator than with the

NFCI as the indicator, whereas long-rise estimates are less variable with turbulence included than with the NFCI included. The difference across the NFCI and turbulence specifications is especially sharp with the out-of-sample estimates of shortfall (top panel of Figure 8). In fact, the shortfall estimates (of less than -30 at the one-step horizon and about -40 at the four-step horizon) obtained from the quantile regression including turbulence might strain credulity in the eyes of some readers. This may be due to some regressor-specific peculiarities in fitting the tail quantiles of GDP growth with quantile regression; the median projections from one quantile regression using the NFCI versus another with turbulence are much more similar than are the shortfall estimates.

Tables 4 (in-sample) and 5 (out-of-sample) compare the forecast accuracy of the BVAR-based models with turbulence to the quantile regression with turbulence. In the quantile score and VaR-ES score results for models including turbulence as the indicator of financial conditions, the BVAR-SV and BVAR-GFSV models are in most cases significantly more accurate than the QR specification. This applies with both the in-sample and out-of-sample forecasts, and across the evaluation samples of 1972-2011, 1985-2011, and 1985-2007. In the quantile score, the BVAR models have a score value about 30 percent lower than the QR's score value, a difference large enough to often achieve significance by the Diebold-Mariano test metric. In the VaR-ES score results, the BVAR-SV and BVAR-GFSV scores are commonly 0.3 (or more) higher than the QR score, and often significant according to the Diebold-Mariano test. The better performance of the BVAR models versus QR when turbulence is included than in the baseline case of the NFCI being included reflects the fact that, with QR, results are sensitive to the choice of financial indicator — better with the NFCI than with turbulence.

## 5.6 Results for the Unemployment Rate

This subsection provides a subset of results for forecasts of the change in the unemployment rate, at the four-quarters-ahead horizon. As explained in Section 3's exposition of the quantile regression specification, our use of a multi-step change in the unemployment rate is patterned on the specification of Kiley (2018). The forecasts we report for our BVAR-SV and BVAR-GFSV models are also for the four-quarters-ahead change in unemployment. In these cases, we use the same model in quarterly rates described above; we transform the quarterly forecasts to obtain the needed four-quarters-ahead change in unemployment. One other important point to note is that, with these unemployment results, we focus on the upper tail (95 percent and above) outcomes, rather than the lower tail as in the GDP growth results. To facilitate results (particularly since the VaR-ES score measure is defined for the negative tail), for this purpose, before computing the quantile and

VaR-ES scores, we flip the 5-95 percent quantiles and multiply the data and quantiles by -1, and then compute the scores for the bottom 5 percent tail.

Figure 9 reports time series of expected shortfall (at 5 percent) and long-rise (at 95 percent) estimates at the four-steps-ahead forecast horizon, for the quantile regression and BVAR-SV specifications (BVAR-GFSV and BVAR-SV estimates are very similar). The in-sample estimates in the upper panel display some notable upside asymmetries, implying upside risk of increases in the unemployment rate, most notably in the mid-1970s, in the late 70s-early 80s, and around the Great Recession. The standard deviation of the long-rise estimate is about twice that of the expected shortfall. The contours of the quantile regression and BVAR-SV estimates are quite similar. Moving from in-sample (top panel) to out-of-sample forecasts (bottom panel) weakens somewhat the picture of asymmetries between the expected shortfall and long-rise. In the shorter sample of real-time, out-of-sample forecasts, shortfall and long-rise move more symmetrically together, with the exception of the choppy spikes in the quantile regression's estimated long-rise around the late 1990s.

Tables 6 and 7 report interval coverage rates, quantile scores, and VaR-ES scores, for in-sample and out-of-sample forecasts, respectively. In the in-sample case, the percentages of observations falling in the upper 5 percent tail of the predictive distributions are reasonably close to 5 percent for all three models, such that none of the departures from 5 percent coverage are statistically significant. The score measures indicate that the BVAR-based specifications are about as accurate as quantile regression, with no statistically significant differences in accuracy. In the out-of-sample case, the estimated 95 percent quantile of the forecast distribution appears to not be quite high enough; modestly more than 5 percent of unemployment rate outcomes fall in the upper 5 percent tail of the forecast distributions. However, none of the departures from 5 percent coverage appear to be statistically significant. In the out-of-sample scores, the performance of the BVAR-GFSV model is very similar to that of the BVAR-SV specification, and both are comparable in accuracy to quantile regression, with score differences that are modest and statistically insignificant.

These results for one-year changes in the unemployment rate corroborate our main results on (negative) tail risks to GDP growth; with (positive) tail risks to unemployment, too, quantile regression doesn't seem to offer any advantages in forecast accuracy over a BVAR-SV or BVAR-GFSV specification.

## 6 Conclusions

A rapidly growing body of research has examined tail risks in macroeconomic outcomes. Most of this work has focused on the risks of significant declines in GDP, and relied on quantile regression methods to estimate tail risks. In this paper we examine the ability of Bayesian VARs (BVARs) with stochastic volatility (SV) to capture tail risks in macroeconomic forecast distributions and outcomes. In particular, we focus on capturing asymmetries in the time series behavior of measures of upside and downside risks that imply asymmetries in unconditional distributions but do not necessarily require asymmetries in conditional predictive distributions.

We find, first, that the evidence of skewness in output growth is not all that strong, statistically speaking. Second, although quantile regression-based approaches can be a useful tool for quantifying tail risks in macroeconomics, they can come with some challenges in data samples of the size typically available in macroeconomics. Challenges we document include quantile crossing and considerable variability in the coefficient estimates of quantile regressions. Third, with our BVAR specifications featuring time-varying volatility, we are able to capture more time variation in downside risk as compared to upside risk for output growth (vice versa for the change in the unemployment rate) in line with the results of quantile regression, with in addition some gains in standard point and density forecasts. Finally, our findings on the effectiveness of BVARs in capturing tail risks apply with both a conventional BVAR with stochastic volatility and a model using a GFSV specification, with a common volatility factor that is a function of past financial conditions.

Our findings imply that, at least for GDP growth (and the change in the unemployment rate), quantile regression doesn't seem to offer any advantages in forecast accuracy over a BVAR-SV or BVAR-GFSV specification. Actually, in some dimensions, one or another of the BVAR specifications is better. Moreover, quantile regression itself is quite simple, but if one wants to assess tail risks with expected shortfall or assess shortfall forecasts, as opposed to just compute a tail quantile and take it as a measure of GDP-at-risk as in Adrian, et al. (2018), the second-step smoothing of ABG becomes necessary, and that step adds complications. Our results show that one can keep the rich and broadly useful features of BVARs for forecasting while still using them for the risk assessments of interest and obtain tail risk assessments quite comparable to what would be obtained with quantile regression. Finally, another possible challenge with quantile regression-based methods in macroeconomic time series is the availability of small samples that create precision challenges with tail quantile estimates. Applying recently developed extremal quantile methods of bias correction

and inference that improve on the performance of conventional estimators could be an interesting topic for further research in this area.

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Table 1: Skewness and kurtosis statistics, data and BVAR-SV residuals

	skewness	kurtosis	Bai-Ng skewness	Bai-Ng kurtosis	Bai-Ng normality	conditional symmetry
<b>Data, 1972-2018</b>						
GDP growth	-0.364	5.499	-0.865	2.095**	5.139*	0.742
Unemployment	0.683	2.765	0.644	-0.063	0.419	1.419
GDP inflation	1.402	4.614	1.995**	0.998	4.977*	1.019
Fed funds rate	0.709	3.392	0.787	0.249	0.681	1.998*
NFCI	1.979	6.555	2.016**	1.796*	7.290**	4.957***
<b>BVAR-SV residuals, 1972-2018</b>						
GDP growth	0.237	6.505	0.406	1.514	2.458	0.920
Unemployment	0.542	6.231	1.073	1.869*	4.646*	1.667
GDP inflation	0.196	4.798	0.589	1.862*	3.814	1.658
Fed funds rate	1.422	23.294	0.644	1.336	2.201	1.483
NFCI	-0.186	9.861	-0.258	2.148**	4.682*	0.769
<b>BVAR-SV residuals normalized by SV, 1972-2018</b>						
GDP growth	0.129	2.976	0.664	-0.047	0.443	1.294
Unemployment	0.326	2.815	2.783***	-0.498	7.992**	2.306**
GDP inflation	0.119	2.627	0.956	-1.268	2.520	1.286
Fed funds rate	-0.119	2.921	-0.754	-0.208	0.611	1.171
NFCI	0.341	2.483	2.557**	-1.586	9.053**	2.324**
<b>BVAR-SV forecast errors, horizon = 1 quarter, 1985-2018</b>						
GDP growth	0.042	3.127	0.162	0.226	0.077	1.154
Unemployment	0.850	4.295	1.560	1.313	4.157	2.452**
GDP inflation	-0.367	3.030	-1.839*	0.058	3.386	1.838
Fed funds rate	-0.115	4.645	-0.260	1.329	1.833	2.737**
NFCI	1.632	17.525	0.826	1.292	2.351	1.353
<b>BVAR-SV forecast errors, horizon = 4 quarters, 1985-2018</b>						
GDP growth	-0.473	4.470	-0.706	0.852	1.224	1.196
Unemployment	2.132	9.275	0.807	0.755	1.221	1.258
GDP inflation	-0.577	2.850	-2.183**	-0.215	4.812*	2.127*
Fed funds rate	-0.083	2.976	-0.317	-0.029	0.101	1.285
NFCI	0.862	7.487	0.595	0.841	1.061	0.787

Notes: Statistical significance of the Bai-Ng test statistics is indicated by \*\*\* (1%), \*\* (5%), or \* (10%).

Table 2: Accuracy of in-sample forecasts of GDP growth

<b>Point forecasts: RMSEs</b>				
	1985-2018		1985-2007	
	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$
Quantile regression	2.117	1.505	1.888	1.218
BVAR-SV	0.943	0.962	0.994	1.023
BVAR-GFSV	0.942	0.958	0.988	1.013
<b>Density forecasts: average log scores</b>				
	1985-2018		1985-2007	
	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$
Quantile regression	-2.096	-1.718	-2.054	-1.601
BVAR-SV	0.044*	0.031	0.004	-0.030
BVAR-GFSV	0.051**	0.053	0.019	-0.010
<b>Interval coverage: 5 percent tail</b>				
	1985-2018		1985-2007	
	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$
Quantile regression	0.067	0.069	0.054	0.045
BVAR-SV	0.030	0.069	0.011***	0.056
BVAR-GFSV	0.037	0.092	0.022*	0.067
<b>Quantile score (5% quantile)</b>				
	1985-2018		1985-2007	
	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$
Quantile regression	0.225	0.166	0.197	0.142
BVAR-SV	0.982	1.081	1.031	1.100
BVAR-GFSV	0.965	1.081	0.980	1.067
<b>VaR-ES score (5% quantile)</b>				
	1985-2018		1985-2007	
	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$
Quantile regression	0.370	-0.041	0.169	-0.232
BVAR-SV	-0.073	-0.143	-0.151*	-0.227
BVAR-GFSV	-0.016	-0.073	-0.032	-0.112

*Notes:* The point forecasts used for the quantile regressions are the medians. The log scores of the quantile regression predictions are computed as in ABG, with a skewed- $t$  density estimated from the quantiles in a second step. Except in the case of the 5 percent coverage rates, to facilitate accuracy comparisons the results for the BVAR models are reported as relative to those for quantile regression, using ratios for RMSE and quantile score (an entry less than 1 means the BVAR is more accurate than QR), and score differences for the average log score and VaR-ES score (an entry greater than 0 means the BVAR is more accurate than QR). Statistical significance of the differences in scores and of departures of empirical coverage from the nominal 5 percent is indicated by \*\*\* (1%), \*\* (5%), or \* (10%), obtained with the Diebold and Mariano–West  $t$ -test.

Table 3: Accuracy of out-of-sample point and density forecasts of GDP growth

<b>Point forecasts: RMSEs</b>				
	1985-2018		1985-2007	
	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$
Quantile regression	2.096	1.789	2.116	1.682
BVAR-SV	0.875*	0.873	0.867	0.819
BVAR-GFSV	0.874**	0.872	0.860*	0.821
<b>Density forecasts: average log scores</b>				
	1985-2018		1985-2007	
	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$
Quantile regression	-2.149	-1.976	-2.184	-1.938
BVAR-SV	0.062*	0.146	0.065	0.162
BVAR-GFSV	0.111***	0.176	0.122***	0.186
<b>Interval coverage: 5 percent tail</b>				
	1985-2018		1985-2007	
	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$
Quantile regression	0.045	0.084	0.043	0.090
BVAR-SV	0.015***	0.069	0.011***	0.034
BVAR-GFSV	0.022**	0.099	0.011***	0.090
<b>Quantile score (5% quantile)</b>				
	1985-2018		1985-2007	
	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$
Quantile regression	0.173	0.189	0.168	0.166
BVAR-SV	1.099	0.877	1.158	0.767
BVAR-GFSV	0.982	0.801	0.989	0.689
<b>VaR-ES score (5% quantile)</b>				
	1985-2018		1985-2007	
	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$
Quantile regression	0.269	0.484	0.148	0.333
BVAR-SV	-0.251*	0.420	-0.355*	0.591
BVAR-GFSV	-0.104	0.651	-0.135	0.782

*Notes:* The point forecasts used for the quantile regressions are the medians. The log scores of the quantile regression predictions are computed as in ABG, with a skewed- $t$  density estimated from the quantiles in a second step. Except in the case of the 5 percent coverage rates, to facilitate accuracy comparisons the results for the BVAR models are reported as relative to those for quantile regression, using ratios for RMSE and quantile score (an entry less than 1 means the BVAR is more accurate than QR), and score differences for the average log score and VaR-ES score (an entry greater than 0 means the BVAR is more accurate than QR). Statistical significance of the differences in scores and of departures of empirical coverage from the nominal 5 percent is indicated by \*\*\* (1%), \*\* (5%), or \* (10%), obtained with the Diebold and Mariano–West  $t$ -test.



Table 4: Accuracy of in-sample forecasts of GDP growth, models using turbulence

Point forecasts: RMSEs						
	1972-2011		1985-2011		1985-2007	
	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$
Quantile regression	3.006	2.159	2.088	1.619	1.957	1.272
BVAR-SV	0.958	0.905*	0.987	1.009	0.935**	0.902**
BVAR-GFSV	0.964	0.922	0.990	1.018	0.926**	0.907**
Density forecasts: average log scores						
	1972-2011		1985-2011		1985-2007	
	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$
Quantile regression	-2.442	-2.150	-2.229	-1.866	-2.164	-1.757
BVAR-SV	0.118***	0.190***	0.121***	0.085	0.128***	0.173***
BVAR-GFSV	0.104***	0.165**	0.113***	0.067	0.125***	0.161***
Interval coverage: 5 percent tail						
	1972-2011		1985-2011		1985-2007	
	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$
Quantile regression	0.063	0.057	0.019**	0.019	0.011***	0.022
BVAR-SV	0.031	0.045	0.028	0.067	0.022*	0.022
BVAR-GFSV	0.025**	0.045	0.037	0.067	0.011***	0.022
Quantile score (5% quantile)						
	1972-2011		1985-2011		1985-2007	
	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$
Quantile regression	0.328	0.226	0.265	0.178	0.258	0.175
BVAR-SV	0.754**	0.912	0.711***	1.098	0.709***	0.772**
BVAR-GFSV	0.777*	0.964	0.716***	1.110	0.706***	0.754***
VaR-ES score (5% quantile)						
	1972-2011		1985-2011		1985-2007	
	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$
Quantile regression	0.794	0.431	0.710	0.209	0.677	0.147
BVAR-SV	0.320***	0.278	0.394***	0.183	0.456***	0.493***
BVAR-GFSV	0.311***	0.239	0.417***	0.197	0.472***	0.537***

Notes: The point forecasts used for the quantile regressions are the medians. The log scores of the quantile regression predictions are computed as in ABG, with a skewed- $t$  density estimated from the quantiles in a second step. Except in the case of the 5 percent coverage rates, to facilitate accuracy comparisons the results for the BVAR models are reported as relative to those for quantile regression, using ratios for RMSE and quantile score (an entry less than 1 means the BVAR is more accurate than QR), and score differences for the average log score and VaR-ES score (an entry greater than 0 means the BVAR is more accurate than QR). Statistical significance of the differences in scores and of departures of empirical coverage from the nominal 5 percent is indicated by \*\*\* (1%), \*\* (5%), or \* (10%), obtained with the Diebold and Mariano-West  $t$ -test.

Table 5: Accuracy of out-of-sample point and density forecasts of GDP growth, models using turbulence

Point forecasts: RMSEs						
	1972-2011		1985-2011		1985-2007	
	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$
Quantile regression	2.815	2.509	1.727	1.670	1.721	1.416
BVAR-SV	0.980	0.888	1.272	1.222	1.103	1.008
BVAR-GFSV	0.966	0.875	1.250	1.188	1.079	0.989
Density forecasts: average log scores						
	1972-2011		1985-2011		1985-2007	
	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$
Quantile regression	-2.637	-2.410	-2.186	-1.967	-2.159	-1.906
BVAR-SV	0.259	0.310	-0.038	-0.044	-0.007	0.111
BVAR-GFSV	0.289	0.351	0.006	-0.004	0.047	0.147
Interval coverage: 5 percent tail						
	1972-2011		1985-2011		1985-2007	
	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$
Quantile regression	0.031	0.064	0.000	0.000	0.000 <sup>***</sup>	0.000
BVAR-SV	0.025 <sup>*</sup>	0.127	0.000	0.143	0.000 <sup>***</sup>	0.079
BVAR-GFSV	0.006 <sup>***</sup>	0.089	0.009 <sup>***</sup>	0.114	0.011 <sup>***</sup>	0.079
Quantile score (5% quantile)						
	1972-2011		1985-2011		1985-2007	
	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$
Quantile regression	0.396	0.360	0.286	0.206	0.271	0.198
BVAR-SV	0.662 <sup>***</sup>	0.679	0.654 <sup>***</sup>	1.025	0.703 <sup>***</sup>	0.601 <sup>***</sup>
BVAR-GFSV	0.638 <sup>***</sup>	0.598	0.649 <sup>***</sup>	0.902	0.659 <sup>***</sup>	0.571 <sup>***</sup>
VaR-ES score (5% quantile)						
	1972-2011		1985-2011		1985-2007	
	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$
Quantile regression	1.191	1.654	0.739	0.463	0.708	0.441
BVAR-SV	0.587 <sup>**</sup>	1.100	0.279 <sup>***</sup>	-0.154	0.271 <sup>***</sup>	0.742 <sup>***</sup>
BVAR-GFSV	0.618 <sup>**</sup>	1.272	0.336 <sup>***</sup>	0.159	0.361 <sup>***</sup>	0.796 <sup>**</sup>

Notes: The point forecasts used for the quantile regressions are the medians. The log scores of the quantile regression predictions are computed as in ABG, with a skewed- $t$  density estimated from the quantiles in a second step. Except in the case of the 5 percent coverage rates, to facilitate accuracy comparisons the results for the BVAR models are reported as relative to those for quantile regression, using ratios for RMSE and quantile score (an entry less than 1 means the BVAR is more accurate than QR), and score differences for the average log score and VaR-ES score (an entry greater than 0 means the BVAR is more accurate than QR). Statistical significance of the differences in scores and of departures of empirical coverage from the nominal 5 percent is indicated by \*\*\* (1%), \*\* (5%), or \* (10%), obtained with the Diebold and Mariano-West  $t$ -test.

Table 6: In-sample forecast results for unemployment rate changes

<b>Interval coverage: 95 percent tail</b>		
	1985-2018	1985-2007
Quantile regression	0.053	0.034
BVAR-SV	0.076	0.056
BVAR-GFSV	0.092	0.067
<b>Quantile score (95% quantile)</b>		
	1985-2018	1985-2007
Quantile regression	0.086	0.064
BVAR-SV	1.010	0.825
BVAR-GFSV	1.045	0.825
<b>VaR-ES score (95% quantile)</b>		
	1985-2018	1985-2007
Quantile regression	0.488	0.459
BVAR-SV	0.060	0.092
BVAR-GFSV	0.050	0.097

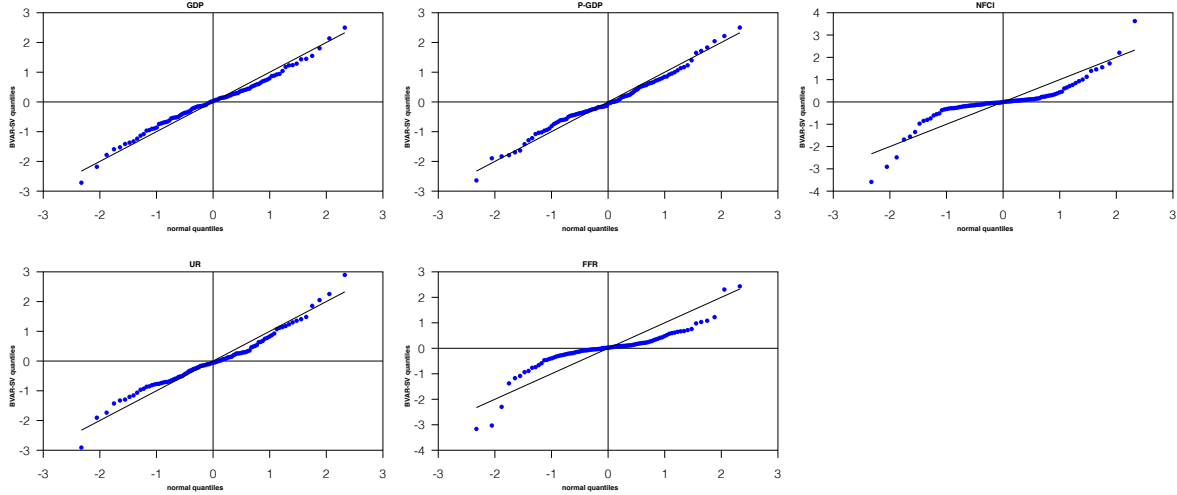
*Notes:* Results are for four-steps-ahead forecasts of the four-quarter change in the unemployment rate. Except in the case of the coverage rates, to facilitate accuracy comparisons the results for the BVAR models are reported as relative to those for quantile regression, using ratios for quantile score (an entry less than 1 means the BVAR is more accurate than QR), and score differences for the VaR-ES score (an entry greater than 0 means the BVAR is more accurate than QR). Statistical significance of the differences in scores and of departures of empirical coverage from the nominal 95 percent is indicated by \*\*\* (1%), \*\* (5%), or \* (10%), obtained with the Diebold and Mariano–West *t*-test.

Table 7: Out-of-sample forecast results for unemployment rate changes

<b>Interval coverage: 95 percent tail</b>		
	1985-2018	1985-2007
Quantile regression	0.130	0.079
BVAR-SV	0.130	0.124
BVAR-GFSV	0.153	0.146
<b>Quantile score (10% quantile)</b>		
	1985-2018	1985-2007
Quantile regression	0.113	0.072
BVAR-SV	1.092	1.125
BVAR-GFSV	1.096	1.121
<b>VaR-ES score (10% quantile)</b>		
	1985-2018	1985-2007
Quantile regression	0.690	0.525
BVAR-SV	−0.014	−0.069
BVAR-GFSV	−0.039	−0.074

*Notes:* Results are for four-steps-ahead forecasts of the four-quarter change in the unemployment rate. Except in the case of the coverage rates, to facilitate accuracy comparisons the results for the BVAR models are reported as relative to those for quantile regression, using ratios for quantile score (an entry less than 1 means the BVAR is more accurate than QR), and score differences for VaR-ES score (an entry greater than 0 means the BVAR is more accurate than QR). Statistical significance of the differences in scores and of departures of empirical coverage from the nominal 95 percent is indicated by \*\*\* (1%), \*\* (5%), or \* (10%), obtained with the Diebold and Mariano–West *t*-test.

QQ plots of residuals from BVAR-SV model, N=5



QQ plots of normalized residuals from BVAR-SV model, N=5

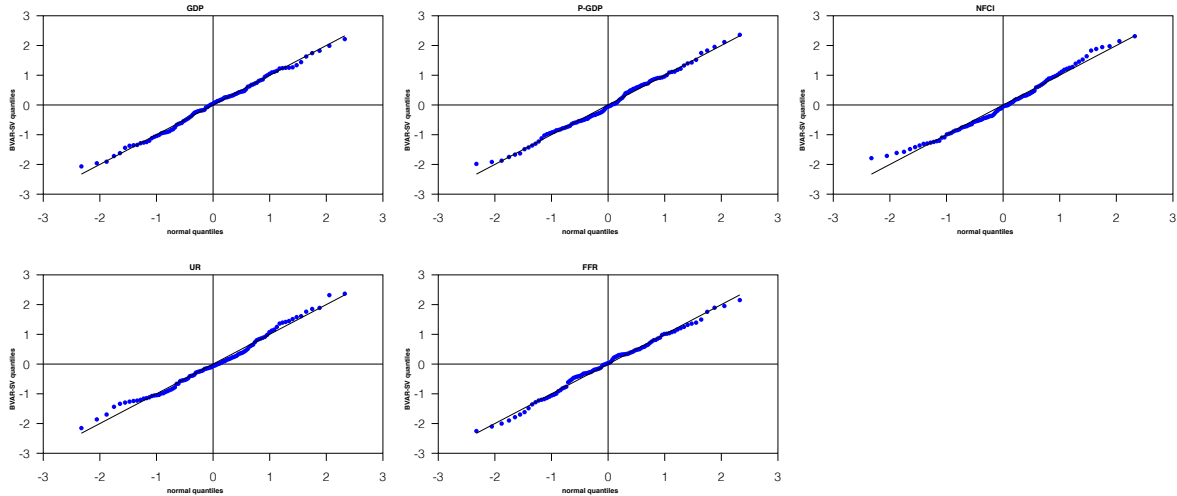
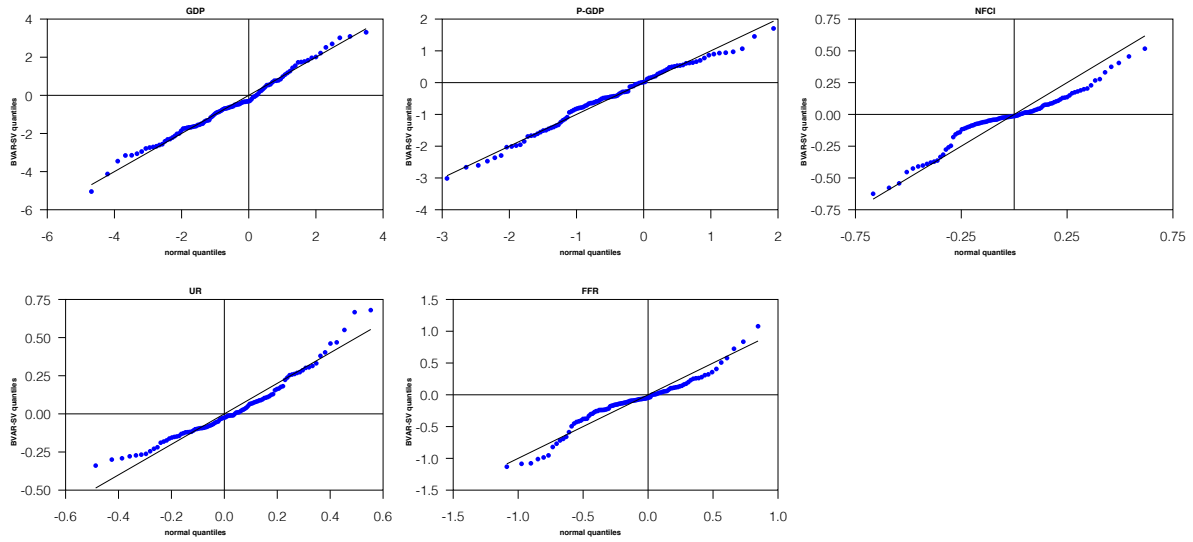


Figure 1: Q-Q plots of residuals and SV-normalized residuals, BVAR-SV model with five variables, 1972-2018 sample

QQ plots of OOS forecast errors from BVAR-SV model, N=5  
forecast horizon = 1



QQ plots of OOS forecast errors from BVAR-SV model, N=5  
forecast horizon = 4

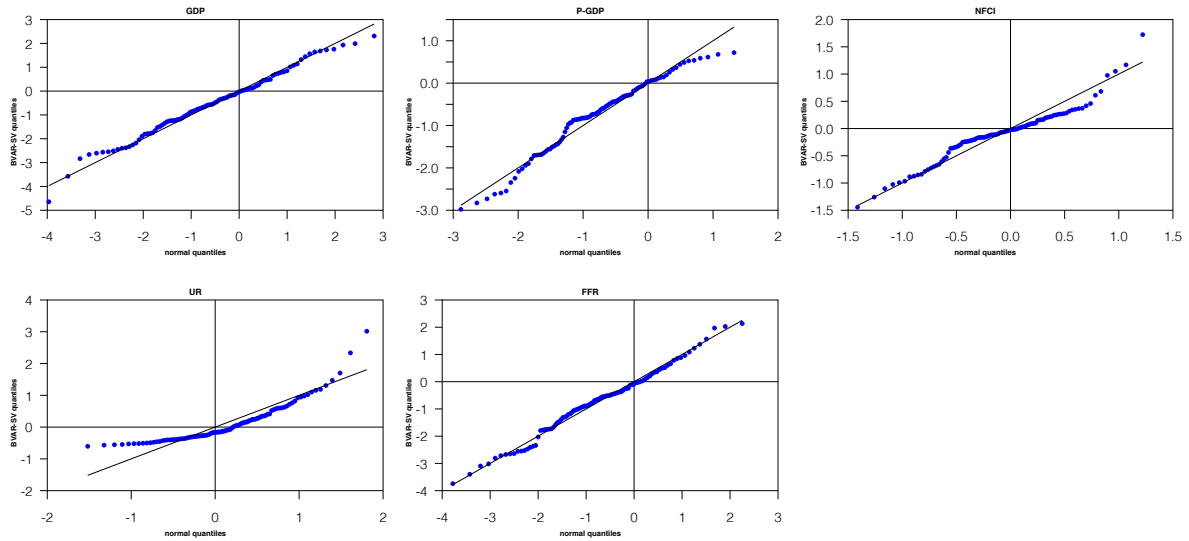


Figure 2: Q-Q plots of OOS forecast errors, BVAR-SV model with five variables, 1985-2018 sample

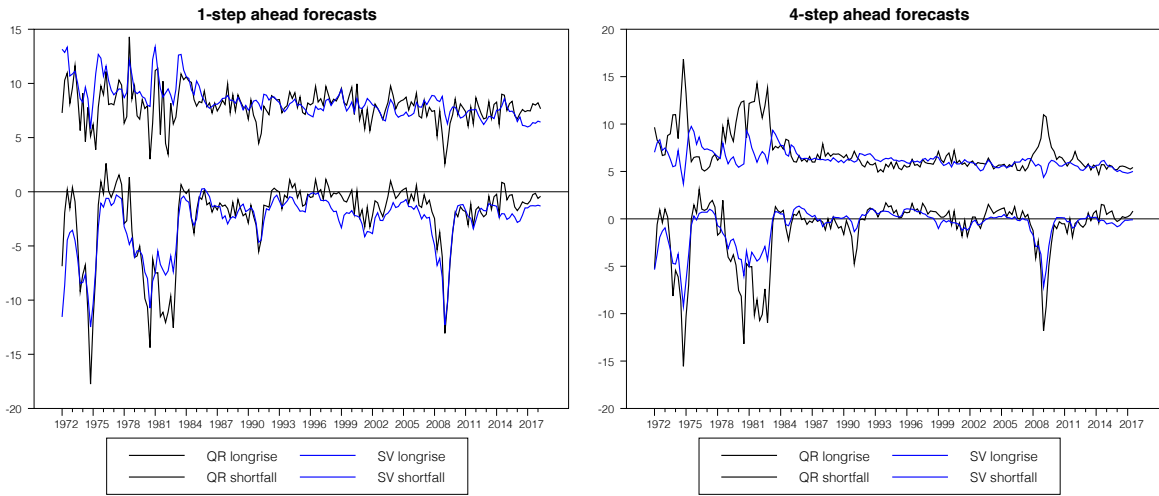


Figure 3: Examples of crossing of quantiles estimated for out-of-sample forecasting. The top panel provides the time series of quantiles (5%, 25%, 75%, and 95%) from a one-quarter-ahead model of GDP growth relating growth to a constant, lagged growth, and lagged turbulence. The estimates, obtained recursively using real-time data vintages from 1985:Q1 through 2018:Q2, are dated by the forecast origin. The bottom panel provides the time series of quantiles (5%, 25%, 75%, and 95%) for the four-quarter change in GDP inflation estimated recursively using real-time data vintages from 1985:Q1 through 2018:Q2. This quantile regression model relates the change in inflation to a constant and the lagged change in inflation.



Figure 4: The top panel provides time series of estimates of the coefficient on the lagged NFCI in the one-step-ahead quantile regression model of GDP growth, for the median and 5%, 25%, 75%, and 95% quantiles. The estimates, obtained recursively using real-time data vintages from 1985:Q1 through 2018:Q2, are dated by the forecast origin. The bottom panel compares out-of-sample one-step-ahead quantile estimates (median, 5%, and 95%) from the baseline quantile regression and BVAR-SV models.

**Expected longrise and shortfall: GDP growth  
QR vs. BVAR-SV**



**Expected longrise and shortfall: GDP growth  
BVAR-GFSV vs. BVAR-SV**

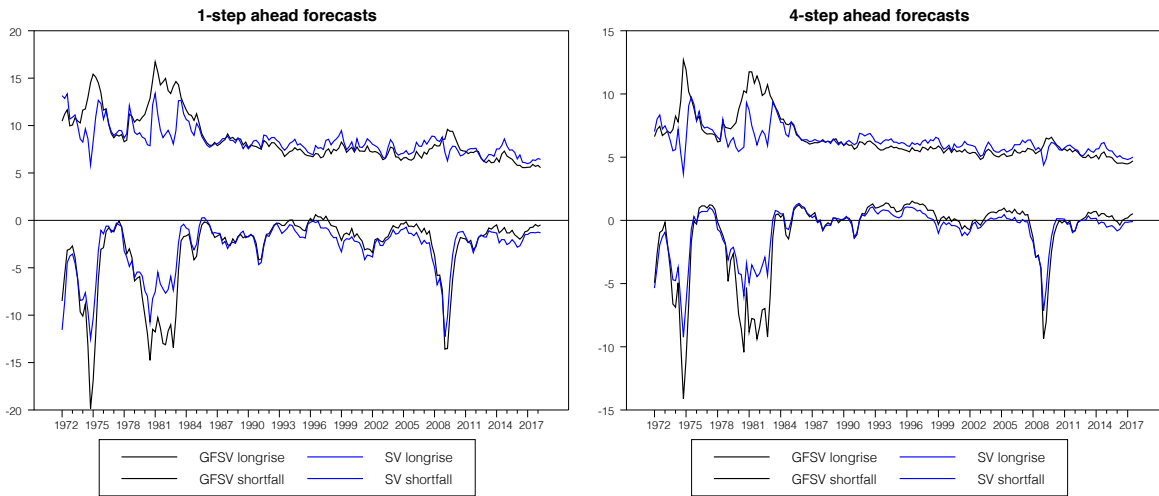
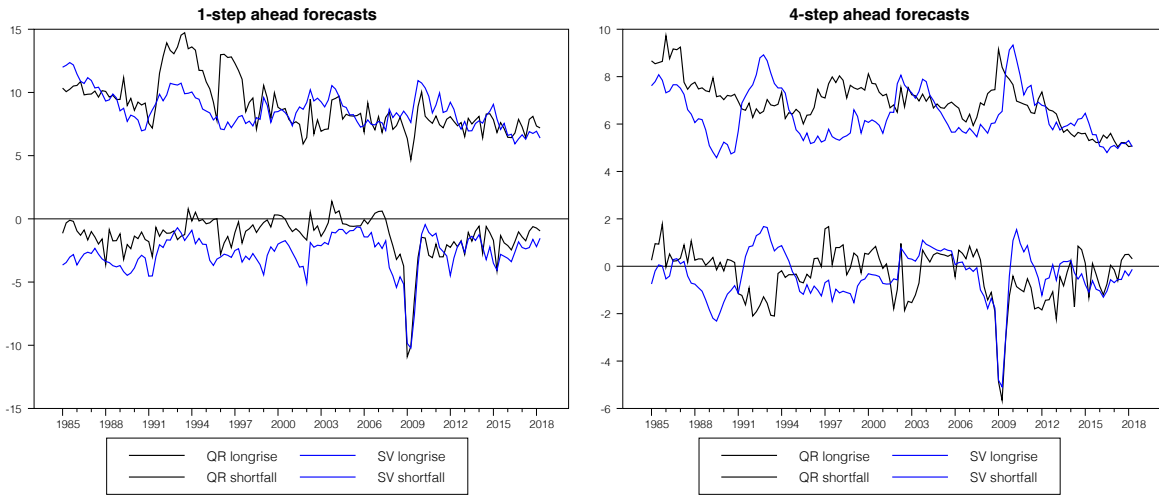


Figure 5: Long-rise and expected shortfall, in-sample forecasts of GDP growth for 1972-2018. The top panel compares estimates from the QR and five-variable BVAR-SV models. The bottom panel compares estimates from the BVAR-SV and BVAR-GFSV models.



**Expected longrise and shortfall: GDP growth  
QR vs. BVAR-SV**



**Expected longrise and shortfall: GDP growth  
BVAR-GFSV vs. BVAR-SV**

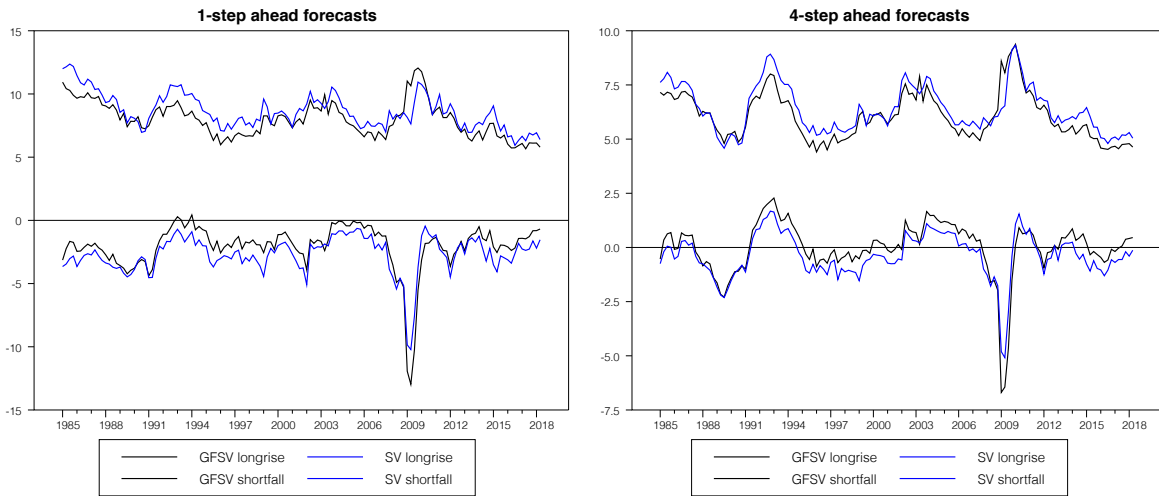
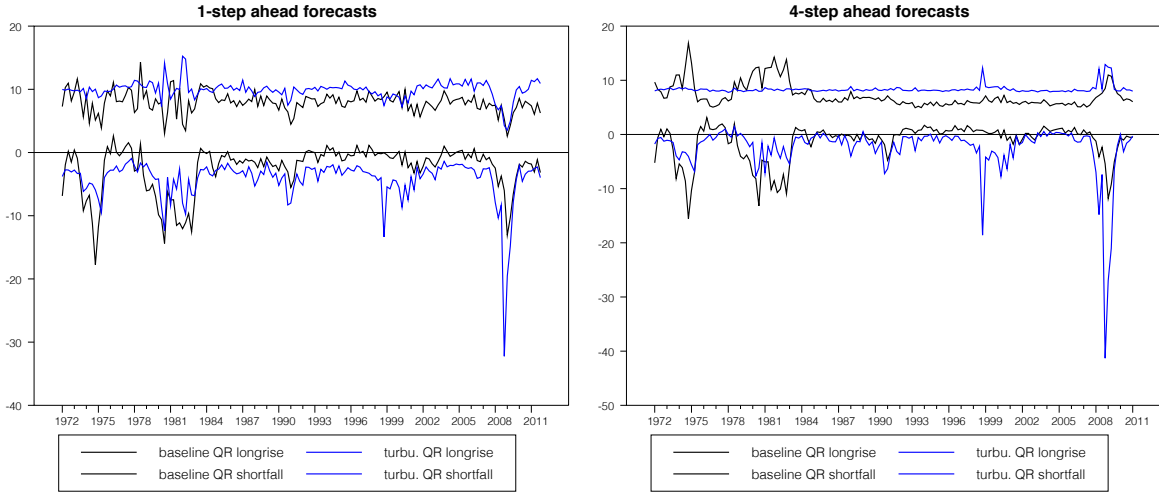


Figure 6: Long-rise and expected shortfall, out-of-sample forecasts of GDP growth for 1985-2018. The top panel compares estimates from the QR and five-variable BVAR-SV models. The bottom panel compares estimates from the BVAR-SV and BVAR-GFSV models.

**Expected longrise and shortfall: GDP growth**  
**baseline QR vs. turbu. QR**



**Expected longrise and shortfall: GDP growth**  
**turbu. BVAR-SV vs. baseline BVAR-SV**

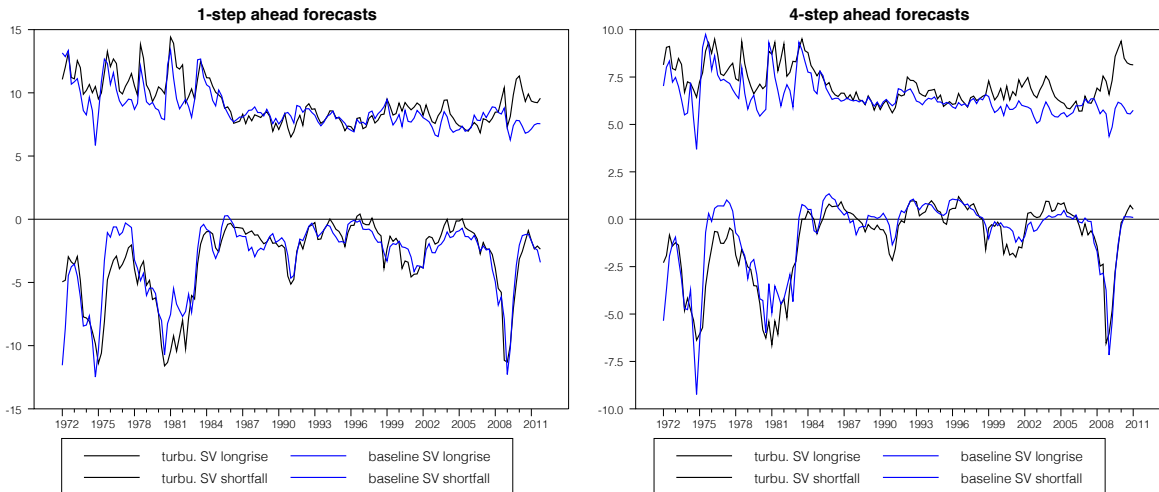
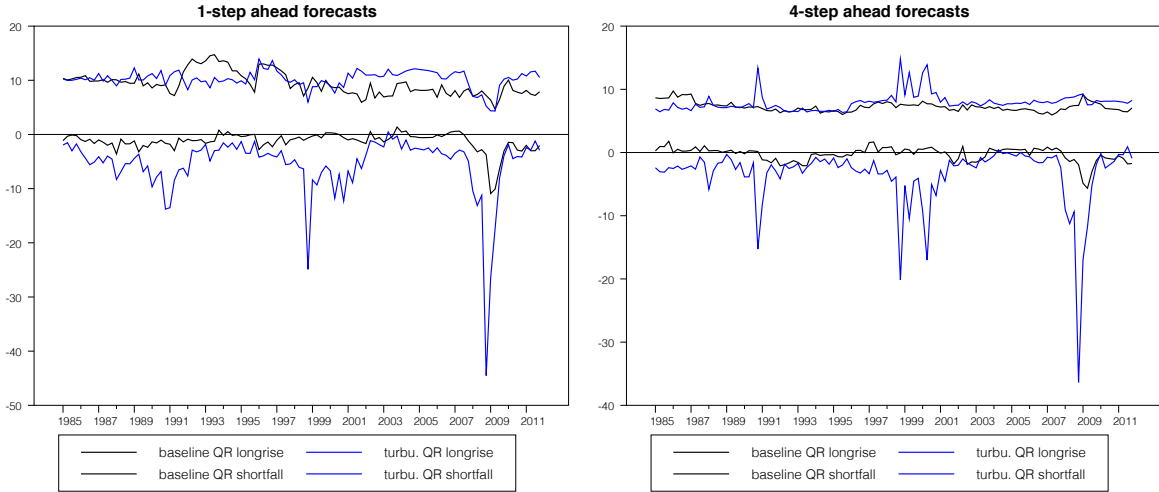


Figure 7: Long-rise and expected shortfall, in-sample forecasts of GDP growth for 1972-2011. The top panel compares estimates from the baseline QR specification including the NFCI to estimates from the QR specification including turbulence. The bottom panel compares estimates from the baseline five-variable BVAR-SV model including the NFCI and the BVAR-SV specification including turbulence.

**Expected longrise and shortfall: GDP growth**  
**baseline QR vs. turbu. QR**



**Expected longrise and shortfall: GDP growth**  
**turbu. BVAR-SV vs. baseline BVAR-SV**

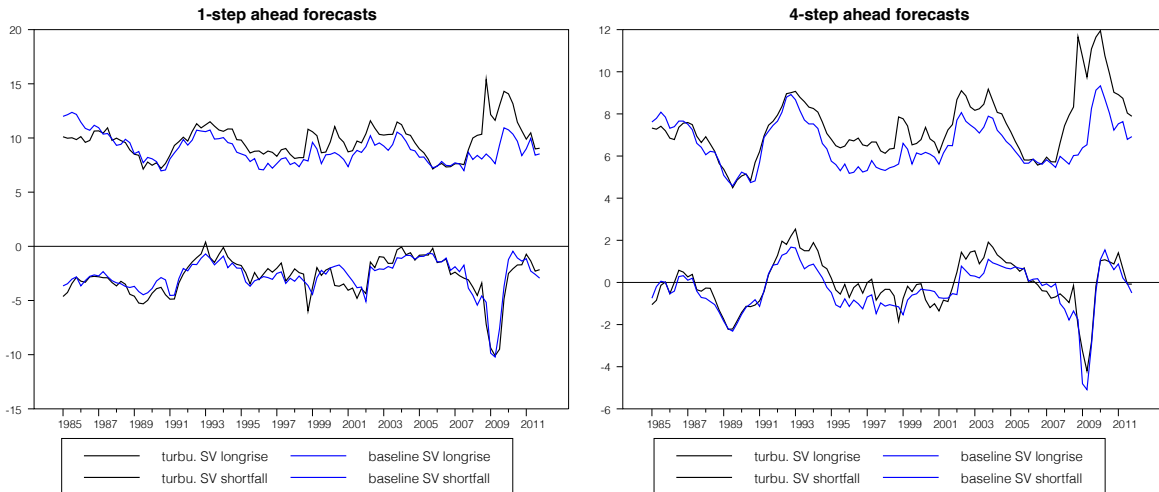
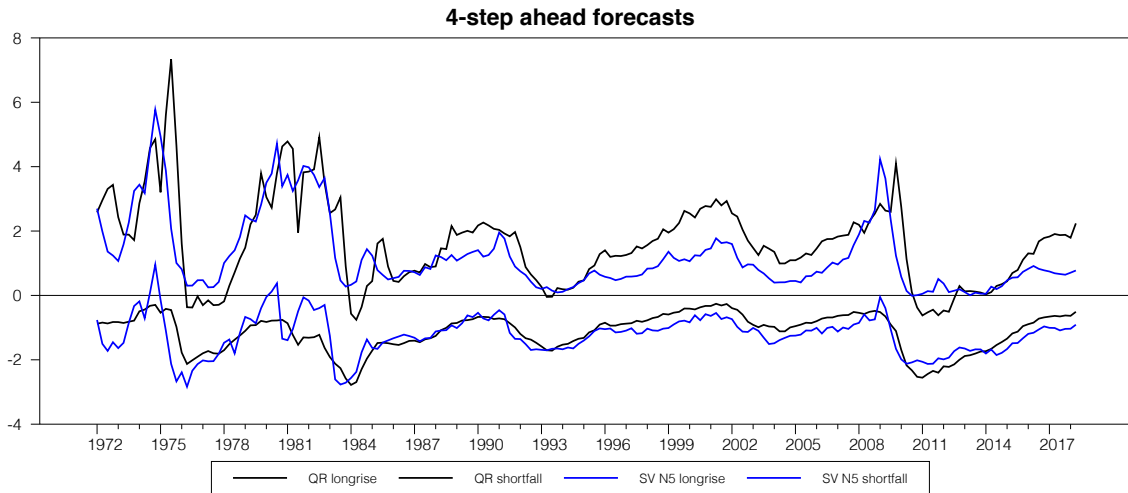


Figure 8: Long-rise and expected shortfall, out-of-sample forecasts of GDP growth for 1985-2011. The top panel compares estimates from the baseline QR specification including the NFCI to estimates from the QR specification including turbulence. The bottom panel compares estimates from the baseline five-variable BVAR-SV model including the NFCI and the BVAR-SV specification including turbulence.

**Expected longrise and shortfall: 4-quarter UR change**  
**QR vs. BVAR-SV, N=5**



**Expected longrise and shortfall: 4-quarter UR change**  
**QR vs. BVAR-SV, N=5**

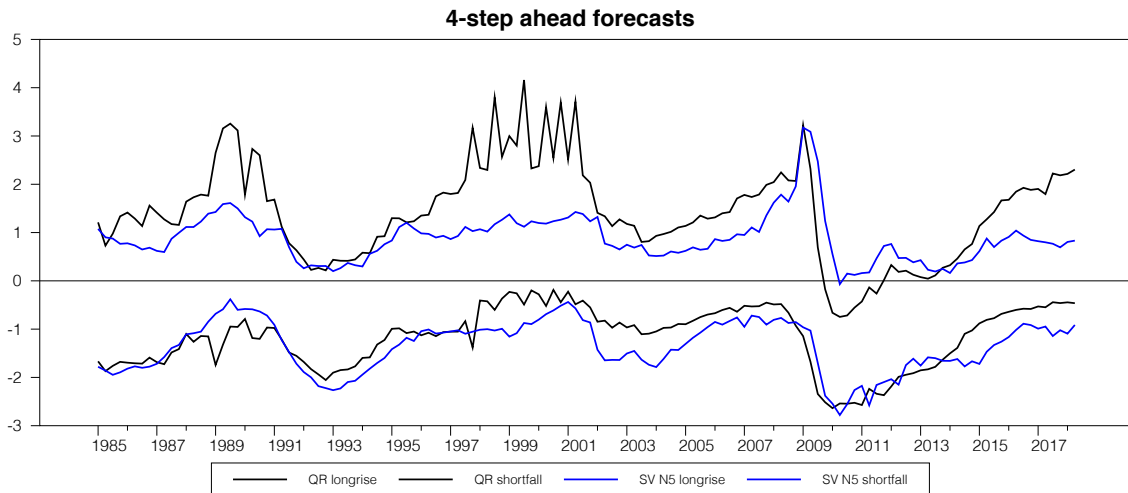


Figure 9: Long-rise and expected shortfall, forecasts of four-quarter changes in the unemployment rate. The top panel provides estimates for in-sample forecasts, and the bottom panel reports estimates for out-of-sample forecasts.

## A Appendix

This appendix first provides some supplemental results, including: (1) a table of skewness and kurtosis statistics for the data and BVAR-SV residuals over a shorter sample of 1985-2018; (2) a table of the relative volatilities of expected shortfall and long-rise estimates (for the 5 and 95 percent quantiles, respectively); (3) charts directly comparing in-sample and out-of-sample estimates of expected shortfall and long-rise over a common sample of 1985-2018; and (4) results using 10 and 90 percent quantiles rather than 5 and 95 percent quantiles. It then details the Monte Carlo experiments summarized in the paper.

Table A1: Skewness and kurtosis statistics, data and BVAR-SV residuals, 1985-2018

	skewness	kurtosis	Bai-Ng skewness	Bai-Ng kurtosis	Bai-Ng normality	Bai-Ng condit. symmetry
<b>Data, 1985-2018</b>						
GDP growth	-1.244	7.397	-1.158	1.162	2.693	0.965
Unemployment	0.887	3.192	0.634	0.048	0.405	1.094
GDP inflation	0.072	3.655	0.281	1.240	1.617	1.136
Fed funds rate	0.182	1.787	0.084	-0.531	0.289	1.797
NFCI	2.870	15.447	0.666	0.751	1.007	3.455 ***
<b>BVAR-SV residuals, 1985-2018</b>						
	skewness	kurtosis	Bai-Ng skewness	Bai-Ng kurtosis	Bai-Ng normality	Bai-Ng condit. symmetry
GDP growth	-0.767	5.727	-1.271	1.276	3.243	0.746
Unemployment	1.079	5.005	1.398	1.089	3.142	2.551 **
GDP inflation	0.028	3.637	0.115	1.276	1.642	1.414
Fed funds rate	-0.438	4.656	-1.665 *	2.045 **	6.955 **	1.795
NFCI	4.303	35.978	1.135	1.192	2.707	2.851 ***
<b>BVAR-SV residuals normalized by SV, 1985-2018</b>						
GDP growth	0.061	2.787	0.404	-0.593	0.515	1.047
Unemployment	0.311	2.581	2.501 **	-1.028	7.313 **	2.147 *
GDP inflation	0.187	2.798	1.075	-0.541	1.448	1.889
Fed funds rate	-0.162	2.810	-1.053	-0.466	1.325	0.907
NFCI	0.529	2.729	3.163 ***	-0.673	10.459 ***	1.986 *

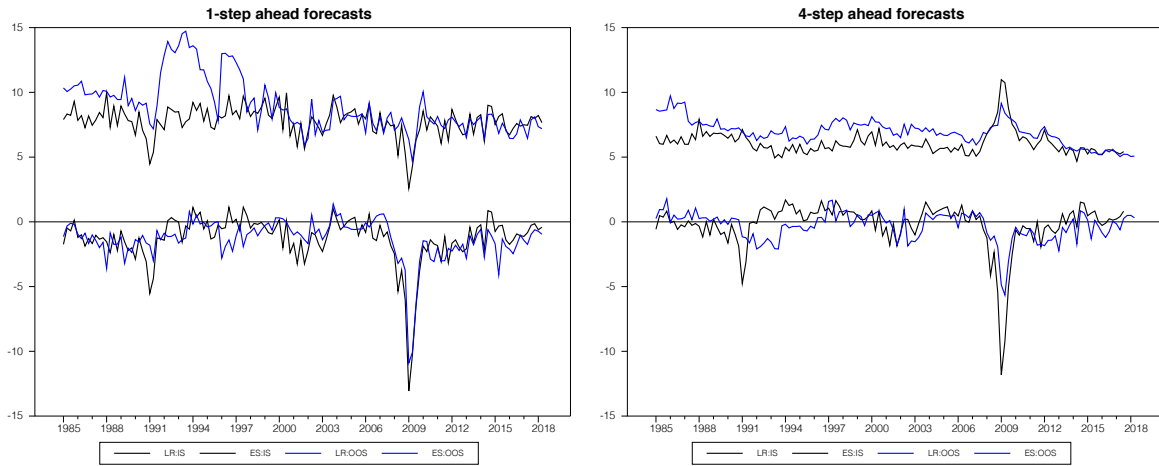
*Notes:* Statistical significance of the Bai-Ng test statistics is indicated by \*\*\* (1%), \*\* (5%), or \* (10%). The results for BVAR-SV residuals are based on residuals obtained from model estimates using data starting in 1972, but skewness and kurtosis statistics are computed for a sample starting in 1985.

Table A2: **Relative volatilities (ratio ES/LR) of expected shortfall and long-rise**

<b>In-sample forecasts, 1972-2018</b>		
	$h = 1Q$	$h = 4Q$
Quantile regression	2.207	1.521
BVAR-SV	1.728	1.942
BVAR-GFSV	1.561	1.808
<b>Out-of-sample forecasts, 1985-2018</b>		
	$h = 1Q$	$h = 4Q$
Quantile regression	0.774	1.161
BVAR-SV	1.074	0.949
BVAR-GFSV	1.353	1.169

*Notes:* The table reports the standard deviation of expected shortfall divided by the standard deviation of the long-rise, for the forecasts and samples indicated.

### Expected longrise and shortfall: Quantile regression



### Expected longrise and shortfall: BVAR-SV, N=5

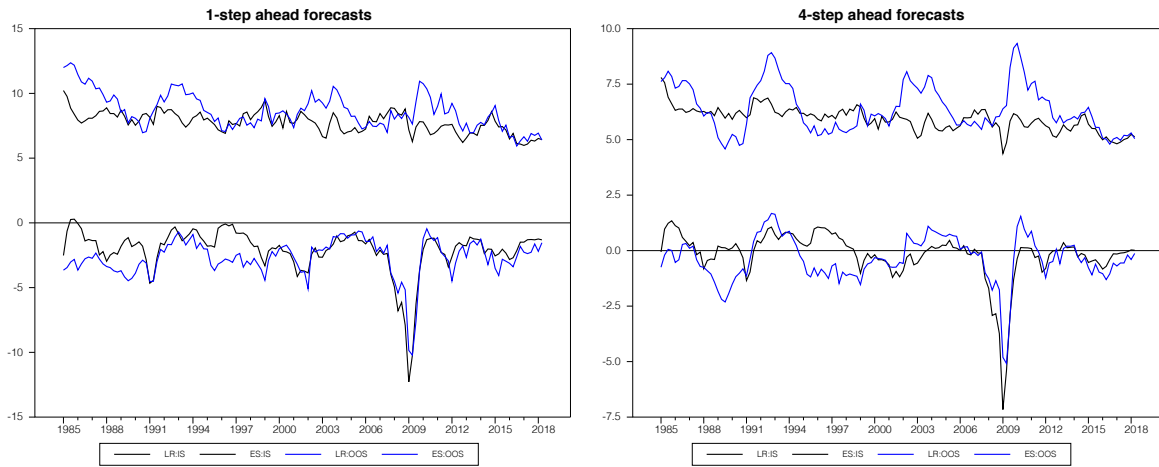


Figure A1: Long-rise and expected shortfall, in-sample and out-of-sample forecasts of GDP growth for 1985-2018. The top panel compares estimates from the QR model. The bottom panel compares estimates from the five-variable BVAR-SV model.



Expected longrise and shortfall: BVAR-GFSV, N=5

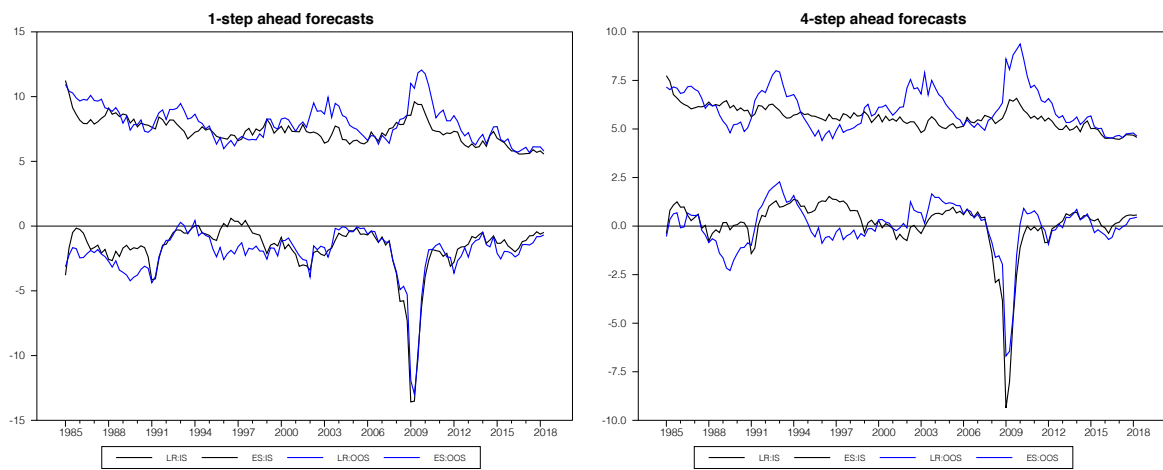


Figure A2: Long-rise and expected shortfall, in-sample and out-of-sample forecasts of GDP growth for 1985-2018. The panel compares estimates from the 5-variable BVAR-GFSV model.

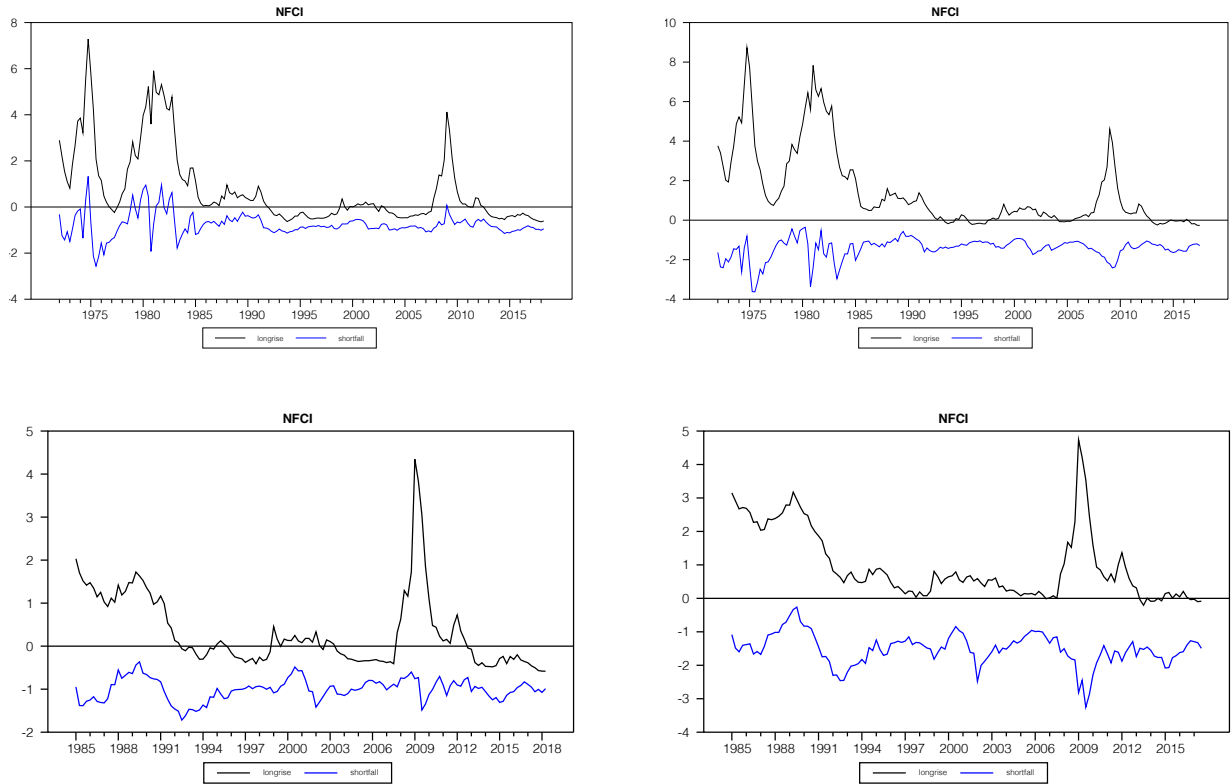


Figure A3: Long-rise and expected shortfall, in-sample and out-of-sample forecasts of NFCI from the BVAR-SV specification. The top left panel provides in-sample estimates at the one-step-ahead horizon, and the top right panel reports estimates for the four-steps-ahead horizon. The lower panels provide the corresponding out-of-sample estimates, with the one-step horizon on the left and the four-step horizon on the right.

## A.1 Results for 10 and 90 percent quantiles

Table A3: In-sample forecast results for GDP growth using the 10 percent quantile, 1972-2018

Interval coverage: 10 percent tail				
	1985-2018		1985-2007	
	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$
Quantile regression	0.112	0.122	0.076	0.067
BVAR-SV	0.075	0.122	0.054 *	0.079
BVAR-GFSV	0.104	0.137	0.098	0.101
Quantile score (10% quantile)				
	1985-2018		1985-2007	
	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$
Quantile regression	0.377	0.282	0.337	0.242
BVAR-SV	0.936	0.994	0.962	1.023
BVAR-GFSV	0.941	1.012	0.948	1.020
VaR-ES score (10% quantile)				
	1985-2018		1985-2007	
	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$
Quantile regression	0.320	-0.206	0.111	-0.516
BVAR-SV	0.127 *	0.017	0.139 *	-0.055
BVAR-GFSV	0.162 ***	-0.002	0.209 ***	-0.029

Notes: Except in the case of the 10 percent coverage rates, to facilitate accuracy comparisons the results for the BVAR models are reported as relative to those for quantile regression, using ratios for quantile score (an entry less than 1 means the BVAR is more accurate than QR), and score differences for the VaR-ES score (an entry greater than 0 means the BVAR is more accurate than QR). Statistical significance of the differences in scores and of departures of empirical coverage from the nominal 5 percent is indicated by \*\*\* (1%), \*\* (5%), or \* (10%), obtained with the Diebold and Mariano–West  $t$ -test.

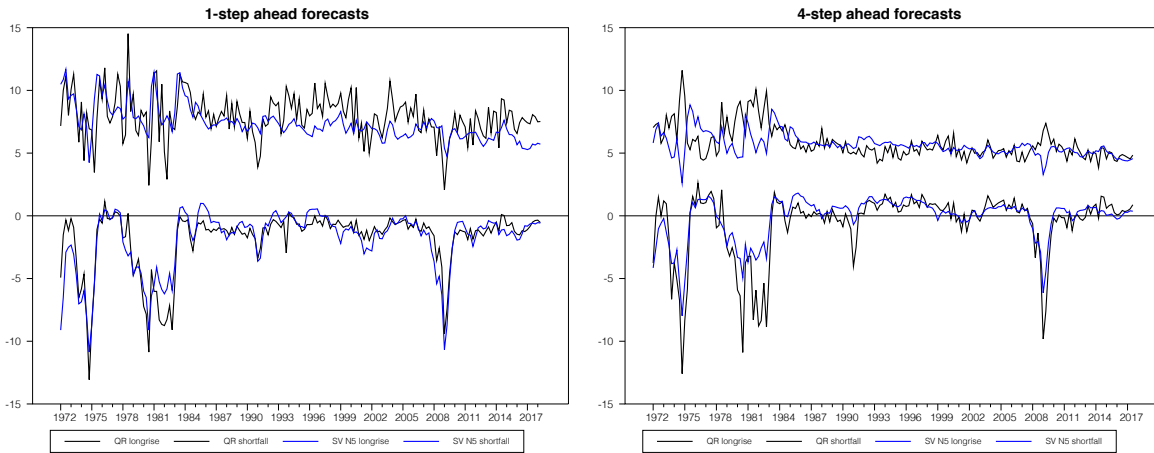
Table A4: **Out-of-sample forecast results for GDP growth using the 10 percent quantile, 1985-2018**

<b>Interval coverage: 10 percent tail</b>				
	1985-2018		1985-2007	
	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$
Quantile regression	0.119	0.191	0.109	0.202
BVAR-SV	0.067	0.160	0.054 *	0.135
BVAR-GFSV	0.067	0.176	0.065	0.157
<b>Quantile score (10% quantile)</b>				
	1985-2018		1985-2007	
	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$
Quantile regression	0.275	0.314	0.273	0.307
BVAR-SV	1.100	0.887	1.114	0.754
BVAR-GFSV	1.020	0.849	1.008	0.743
<b>VaR-ES score (10% quantile)</b>				
	1985-2018		1985-2007	
	$h = 1Q$	$h = 4Q$	$h = 1Q$	$h = 4Q$
Quantile regression	0.103	0.415	-0.033	0.440
BVAR-SV	-0.168	0.402	-0.233 *	0.848
BVAR-GFSV	-0.033	0.540	-0.032	0.876

*Notes:* Except in the case of the 10 percent coverage rates, to facilitate accuracy comparisons the results for the BVAR models are reported as relative to those for quantile regression, using ratios for quantile score (an entry less than 1 means the BVAR is more accurate than QR), and score differences for VaR-ES score (an entry greater than 0 means the BVAR is more accurate than QR). Statistical significance of the differences in scores and of departures of empirical coverage from the nominal 5 percent is indicated by \*\*\* (1%), \*\* (5%), or \* (10%), obtained with the Diebold and Mariano–West  $t$ -test.

**Expected longrise and shortfall: GDP growth**

QR vs. BVAR-SV, N=5



**Expected longrise and shortfall: GDP growth**

BVAR-SV, N=5 vs. BVAR-GFSV, N=5

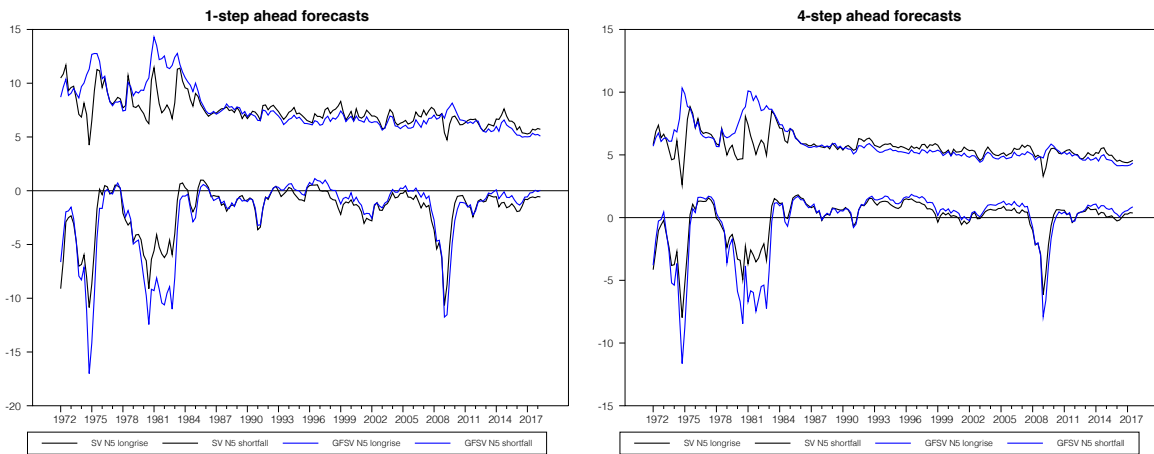
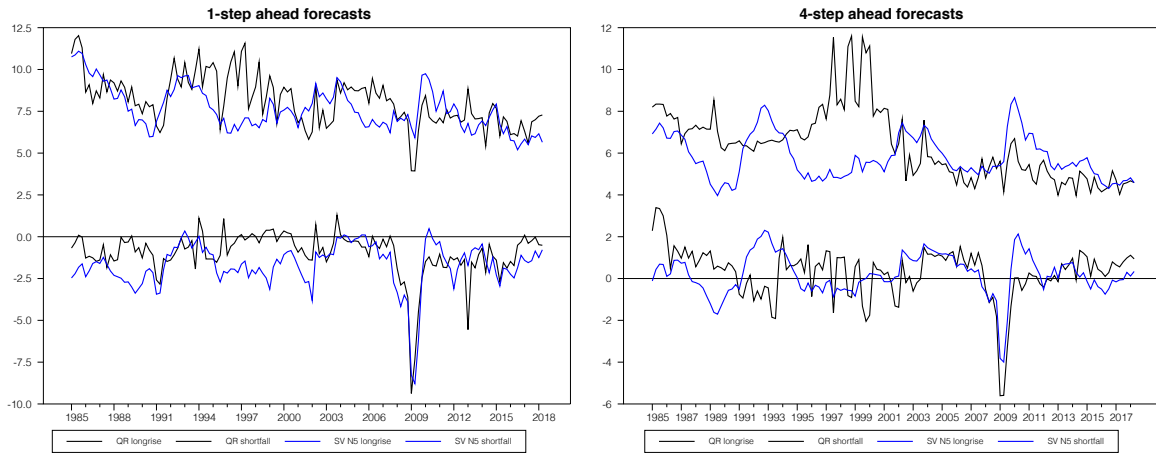


Figure A4: Long-rise and expected shortfall using 10 and 90 percent quantiles, respectively, in-sample forecasts of GDP growth for 1972-2018. The top panel compares estimates from the QR and 5-variable BVAR-SV models. The bottom panel compares estimates from the BVAR-SV and BVAR-GFSV models.

**Expected longrise and shortfall: GDP growth**  
**QR vs. BVAR-SV, N=5**



**Expected longrise and shortfall: GDP growth**  
**BVAR-SV, N=5 vs. BVAR-GFSV, N=5**

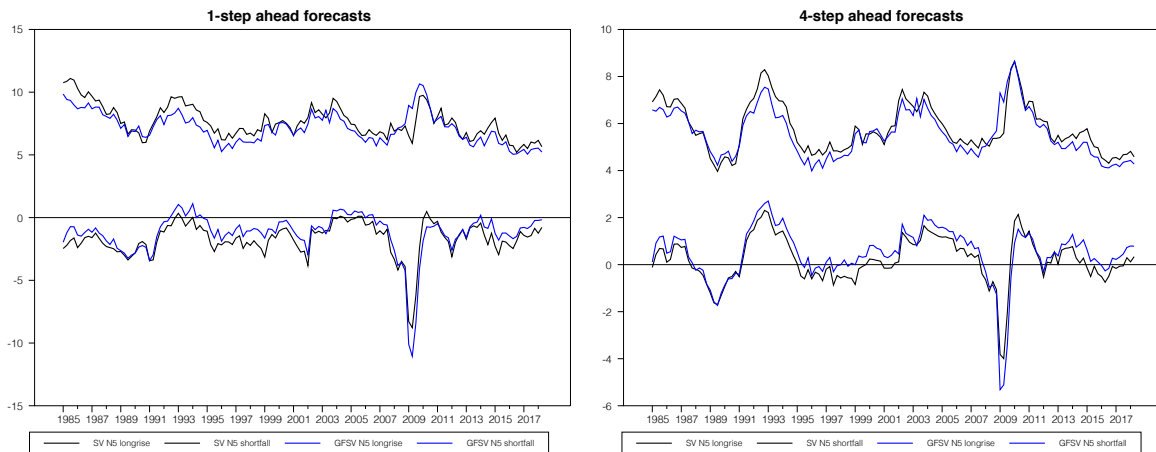


Figure A5: Long-rise and expected shortfall using 10 and 90 percent quantiles, out-of-sample forecasts of GDP growth for 1985-2018. The top panel compares estimates from the QR and 5-variable BVAR-SV models. The bottom panel compares estimates from the BVAR-SV and BVAR-GFSV models.

## A.2 Monte Carlo Assessment of Asymmetries Captured with Stochastic Volatility

At face value, it may seem surprising that the BVAR-SV model yields tail risk estimates comparable to those obtained with quantile regression and the BVAR-GFSV specification that allows a direct link of macroeconomic volatility to financial conditions. To better understand this outcome, this subsection summarizes the results of a Monte Carlo analysis of the performance of quantile regression and the BVAR models.

In the Monte Carlo experiments, to make the computational burden manageable, we used a bivariate VAR with one lag parameterized on the basis of actual empirical estimates obtained with GDP growth and the NFCI.<sup>20</sup> For simplicity, we will refer to the model’s variables as GDP and NFCI. In the experiments treating the BVAR-GFSV model as the data-generating process (DGP), the parameterized model takes the following form:

$$\begin{pmatrix} \text{GDP}_t \\ \text{NFCI}_t \end{pmatrix} = \begin{pmatrix} 0.234 & -0.015 \\ -0.223 & 0.750 \end{pmatrix} \begin{pmatrix} \text{GDP}_{t-1} \\ \text{NFCI}_{t-1} \end{pmatrix} + \begin{pmatrix} 1.000 & 0.000 \\ -0.028 & 1.000 \end{pmatrix}^{-1} \begin{pmatrix} \lambda_{gdp,t}^{0.5} & 0 \\ 0 & \lambda_{nfc,i,t}^{0.5} \end{pmatrix} \begin{pmatrix} \epsilon_{gdp,t} \\ \epsilon_{nfc,i,t} \end{pmatrix},$$

where

$$\begin{pmatrix} \ln \lambda_{gdp,t} \\ \ln \lambda_{nfc,i,t} \end{pmatrix} = \begin{pmatrix} 1.000 \\ 1.461 \end{pmatrix} \ln m_t + \begin{pmatrix} \ln h_{gdp,t} \\ \ln h_{nfc,i,t} \end{pmatrix}$$

$$\begin{aligned} \ln m_t &= 0.833 \ln m_{t-1} + 0.100 \text{NFCI}_{t-1} + u_{m,t}, \quad \text{var}(u_{m,t}) = 0.114 \\ \ln h_{gdp,t} &= -0.596 - 0.047 \ln h_{gdp,t-1} + e_{gdp,t}, \quad \text{var}(e_{gdp,t}) = 0.033 \\ \ln h_{nfc,i,t} &= -0.2452 + 0.016 \ln h_{nfc,i,t-1} + e_{nfc,i,t}, \quad \text{var}(e_{nfc,i,t}) = 0.027. \end{aligned}$$

With this DGP, we simulate 100 artificial data sets of a total of 190 observations (a sample length corresponding to our actual empirical sample). For each data set, we estimated the quantile regression, BVAR-SV, and BVAR-GFSV models and formed one-step-ahead in-sample forecast distributions — deliberately using the one-step horizon and in-sample forecasting to make computation tractable. With the in-sample forecasts, we computed quantiles, expected shortfall and long-rise, and the quantile and joint VaR-ES scores (at the 5 percent and 95 percent quantiles, respectively).

As a baseline, we first used as a DGP a BVAR with stochastic volatility. In this case, shortfall and long-rise estimates obtained from the Monte Carlo data sets display no clear asymmetries. As

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<sup>20</sup>We did make some adjustments to the parameterizations, for example to reduce the persistence of the artificial “NFCI” variable to avoid the occasional explosive draw, by using informative priors when estimating the bivariate model with the actual data to obtain the DGP parameterization.



might be expected, with a simple BVAR with stochastic volatility, one-step-ahead predictive densities typically appear to be symmetric. In quantile and joint VaR-ES scoring, the best-performing model is the BVAR-SV specification, beating quantile regression and, to a lesser extent, the BVAR-GFSV model, in the vast majority of data sets.

We next used a BVAR-GFSV specification as the DGP, in which deterioration in a “financial indicators” variable leads to higher volatility in a “GDP growth” variable. In this case, shortfall and long-rise estimates obtained from the Monte Carlo data sets do display asymmetries like those seen in the actual estimates reported earlier in this section, with periods in which the expected shortfall declines more than the long-rise changes and shortfall is generally more variable than long-rise. To illustrate the asymmetries in shortfall compared to long-rise, Figures A6 and A7 present the time series of estimates obtained with the BVAR-GFSV model for the first 40 data sets, and Figures A8 and A9 present the estimates obtained with the BVAR-SV model. Qualitatively, these generate period (downward) asymmetries in shortfall as observed in the actual empirical estimates reported in the paper’s figures.

For each model’s estimates of the 5 percent quantile and associated shortfall in each data set, we also compute the quantile score and joint VaR-ES score. When we compare the BVAR-GFSV model compared to quantile regression with the ratio of the former’s score compared to the latter, in the case of the quantile score, the mean ratio is 0.90 (for an average BVAR-GFSV gain of 10 percent), with the BVAR-GFSV model having a lower score in 85 percent of the data sets.<sup>21</sup> The corresponding results for the BVAR-SV compared to quantile regression are very similar. When we make the same BVAR-GFSV model to quantile regression comparison for the joint VaR-ES score, the average ratio is 0.96 (for an average BVAR-GFSV gain of 4 percent), with the BVAR-GFSV model having a lower score in 83 percent of the data sets. By this score measure, too, the BVAR-SV model performs very similarly to the BVAR-GFSV specification.

Drawing in part on further investigation of the Monte Carlo estimates, we believe the following two considerations explain these findings in one-step-ahead predictive distributions. First, the BVAR-SV specification appears to be flexible enough that the volatility estimates obtained from it are very similar to those obtained from an estimated BVAR-GFSV specification corresponding to the DGP. The BVAR-SV model can be seen as a less restrictive form of the BVAR-GFSV model,

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<sup>21</sup>This finding does not align with the empirical findings, in which the BVAR-GFSV model and quantile regression are broadly comparable. But we do not mean to imply that the BVAR-GFSV model is the “true” one as it is in the DGP. Rather, it is possible or likely that all of the models we consider are misspecified (departing from the unknown, “true” DGP) in some way. Whatever the DGP is, it appears to feature some asymmetries in predictive distributions, which in practice the models we consider are similarly able to capture.

in that it does not impose a factor structure on the volatility processes. Of course, the SV setup also does not directly include the link of volatility to financial conditions.

Second, related to this observation, although the BVAR-SV specification assumes that “levels” innovations to the data  $y_t$  are independent of innovations to log volatility, in the data and estimates for the Monte Carlo data, it appears that over short periods the model allows or captures patterns of correlated shocks that yield asymmetries.<sup>22</sup> In particular, in visually inspecting the shortfall estimates compared to the levels and volatilities shocks of the BVAR-SV model estimated for data generated from the BVAR-GFSV specification, the downward asymmetries in expected shortfall for output occur when the volatility of output spikes up at about the same time that there are negative shocks to the level of output or adverse shocks to financial conditions. Such a pattern is broadly consistent with the empirical finding of Chavleishvili and Manganeli (2019) that severe financial shocks affect economic activity only when activity is simultaneously hit by a negative shock. Our in-sample estimates of the BVAR-SV model with U.S. data display some correlations between levels and volatilities shocks, particularly for the NFCI and to a lesser extent for GDP growth. For example, over the full sample, the correlation of the shocks to the level and volatility of the NFCI is about 0.2, and over rolling windows of 10 observations, the correlation commonly spikes up around recessions (see the lower panel of the appendix’s Figure A10), whereas the rolling window correlation of shocks to the level and volatility of GDP growth turns negative around recessions.<sup>23</sup> Accordingly, bad outcomes are associated with increased variances, contributing to periodic asymmetries in the conditional predictive distributions of GDP growth.

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<sup>22</sup>The correlations in question pertain to short periods and not the overall sample. In the estimates, the shock correlations in question are essentially zero over the full sample of each data set.

<sup>23</sup>We compute these correlations for draws of the normalized VAR shock  $v_{i,t}/\sigma_{i,t}$  and  $\nu_{i,t}$  and tabulate the posterior medians of the draws of correlations.

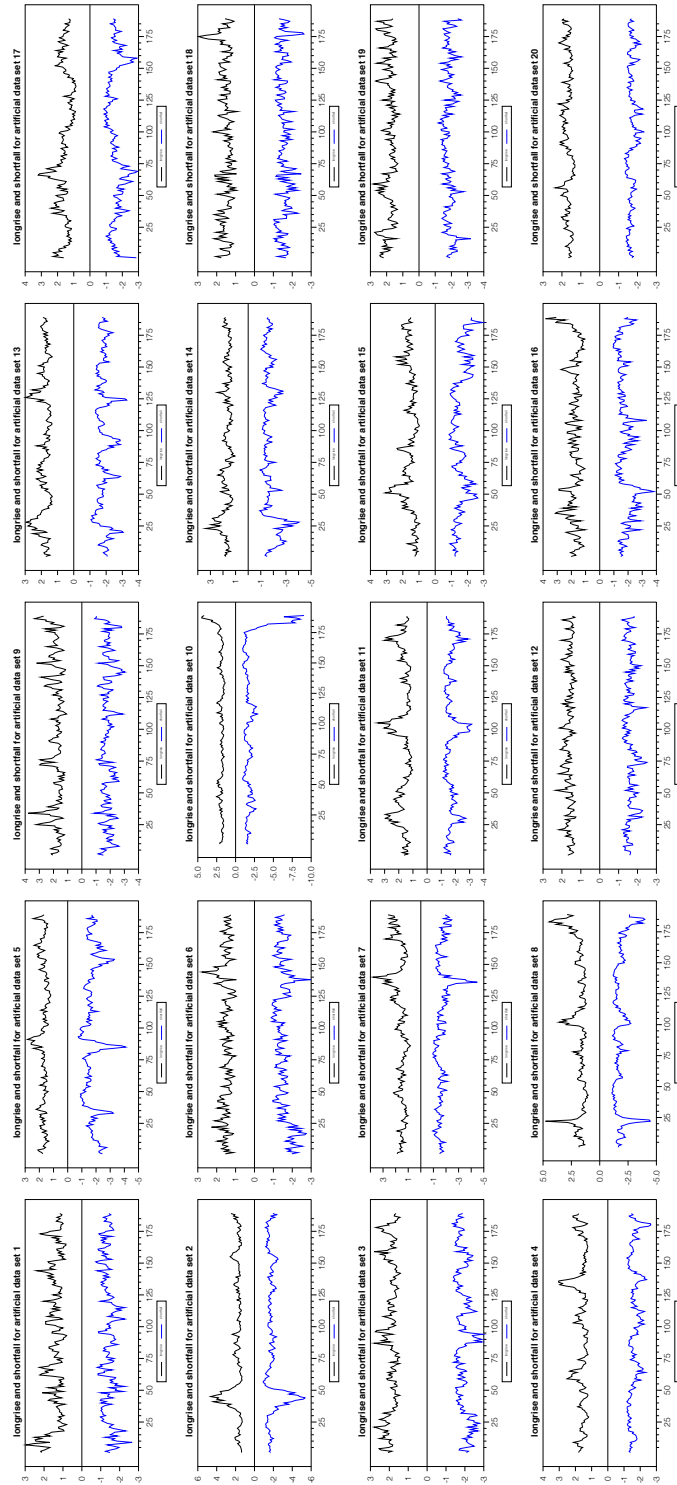


Figure A6: Expected shortfall and long-rise estimates from one-step-ahead in-sample forecasts obtained with the BVAR-GFSV model, with the BVAR-GFSV as the DGP: artificial data sets 1 through 20

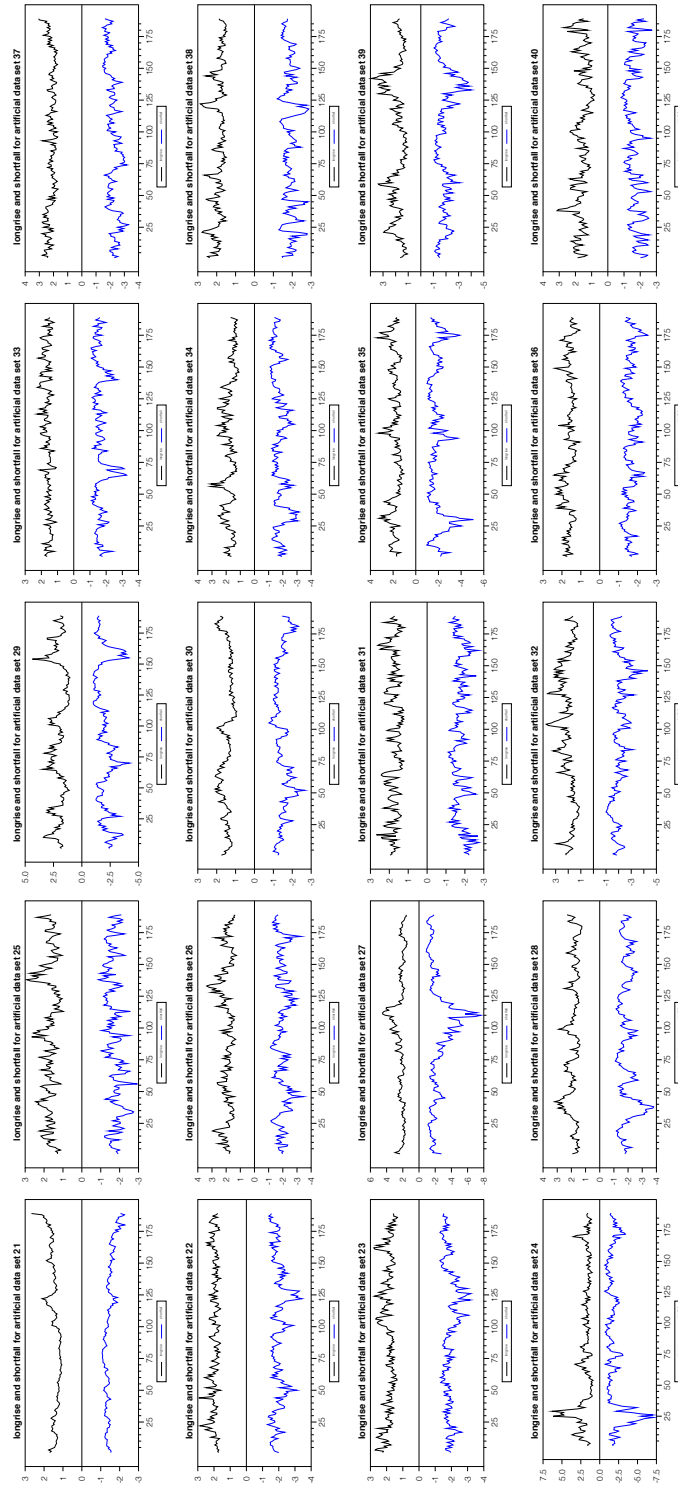


Figure A7: Expected shortfall and long-rise estimates from one-step-ahead in-sample forecasts obtained with the BVAR-GFSV model, with the BVAR-GFSV as the DGP: artificial data sets 21 through 40

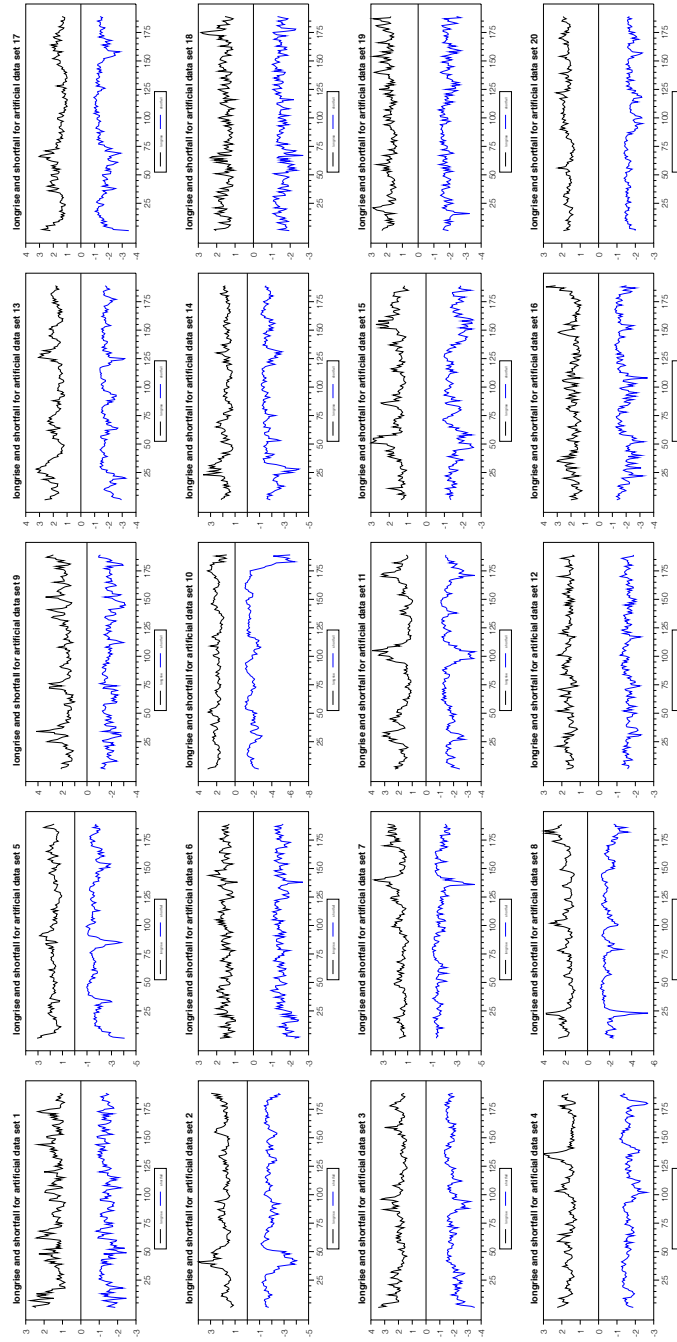


Figure A8: Expected shortfall and long-rise estimates from one-step-ahead in-sample forecasts obtained with the BVAR-SV model, with the BVAR-GFSV as the DGP: artificial data sets 1 through 20

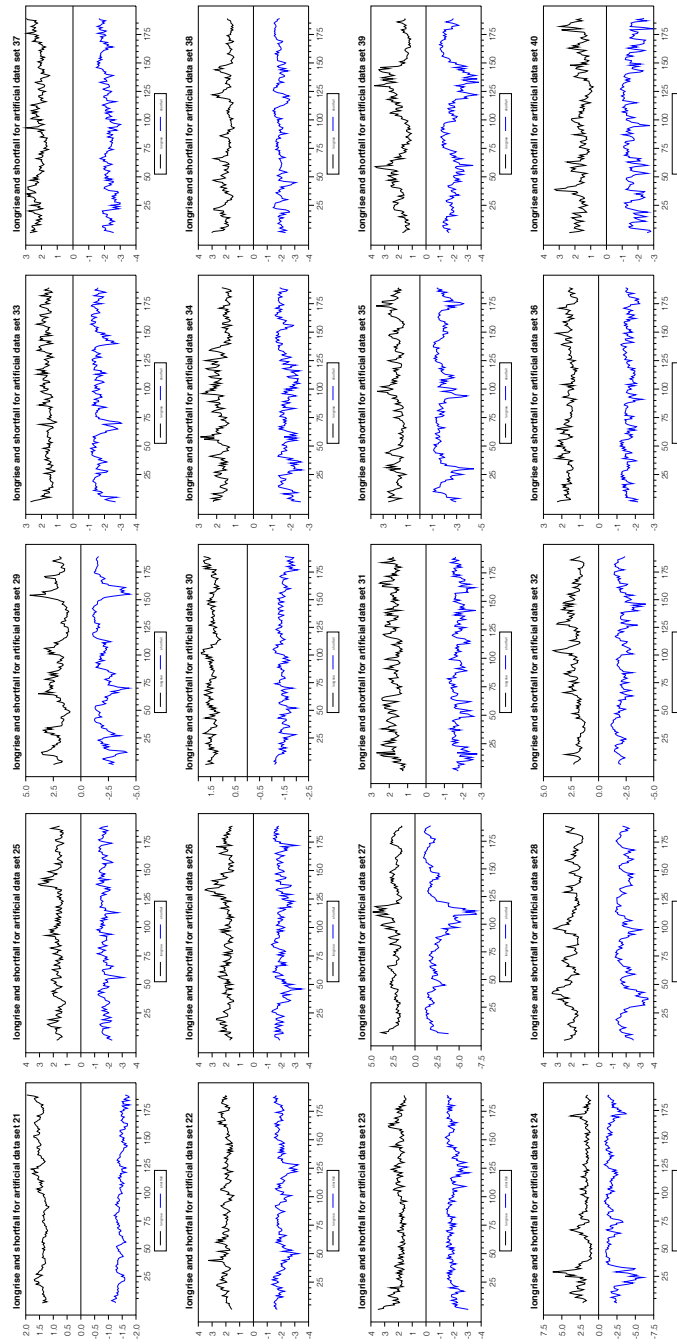


Figure A9: Expected shortfall and long-rise estimates from one-step-ahead in-sample forecasts obtained with the BVAR-SV model, with the BVAR-GFSV as the DGP: artificial data sets 21 through 40

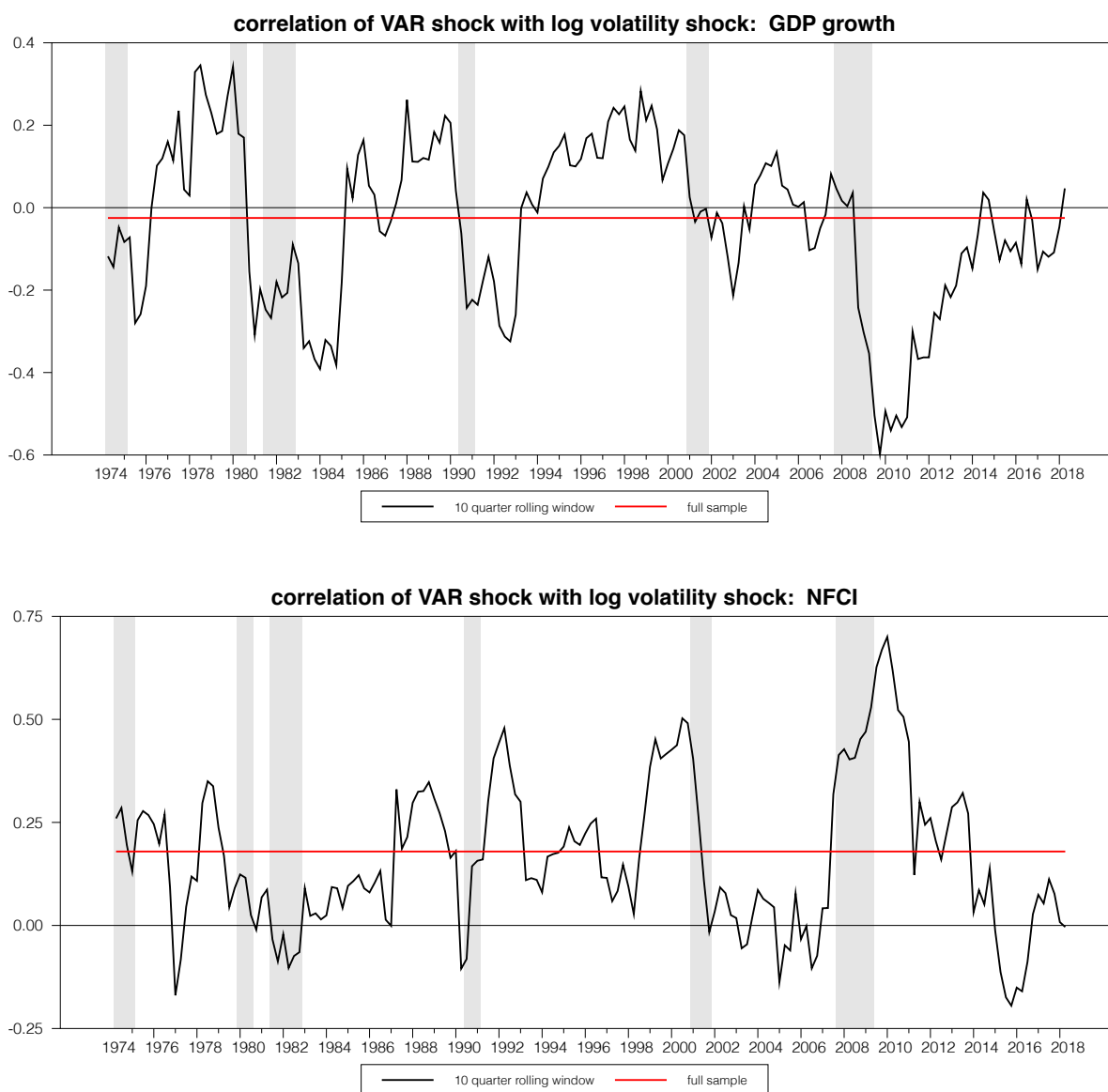


Figure A10: Correlations between levels and volatilities shocks of BVAR-SV model estimated for 1972-2018. The black lines provide correlations computed over rolling windows of 10 observations, and the red lines provide correlations estimated over the full sample of data. The top and bottom panels report the estimates for, respectively, GDP growth and the NFCI. Correlations are computed for each MCMC draw and then tabulated as the medians reported in the charts. Periods shaded in gray denote NBER recessions.