

**A TEACHER REFLECTS**

**LESSONS FROM**

**THE FRONTLINE**

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**I SURVIVED  
PANDEMIC  
TEACHING**

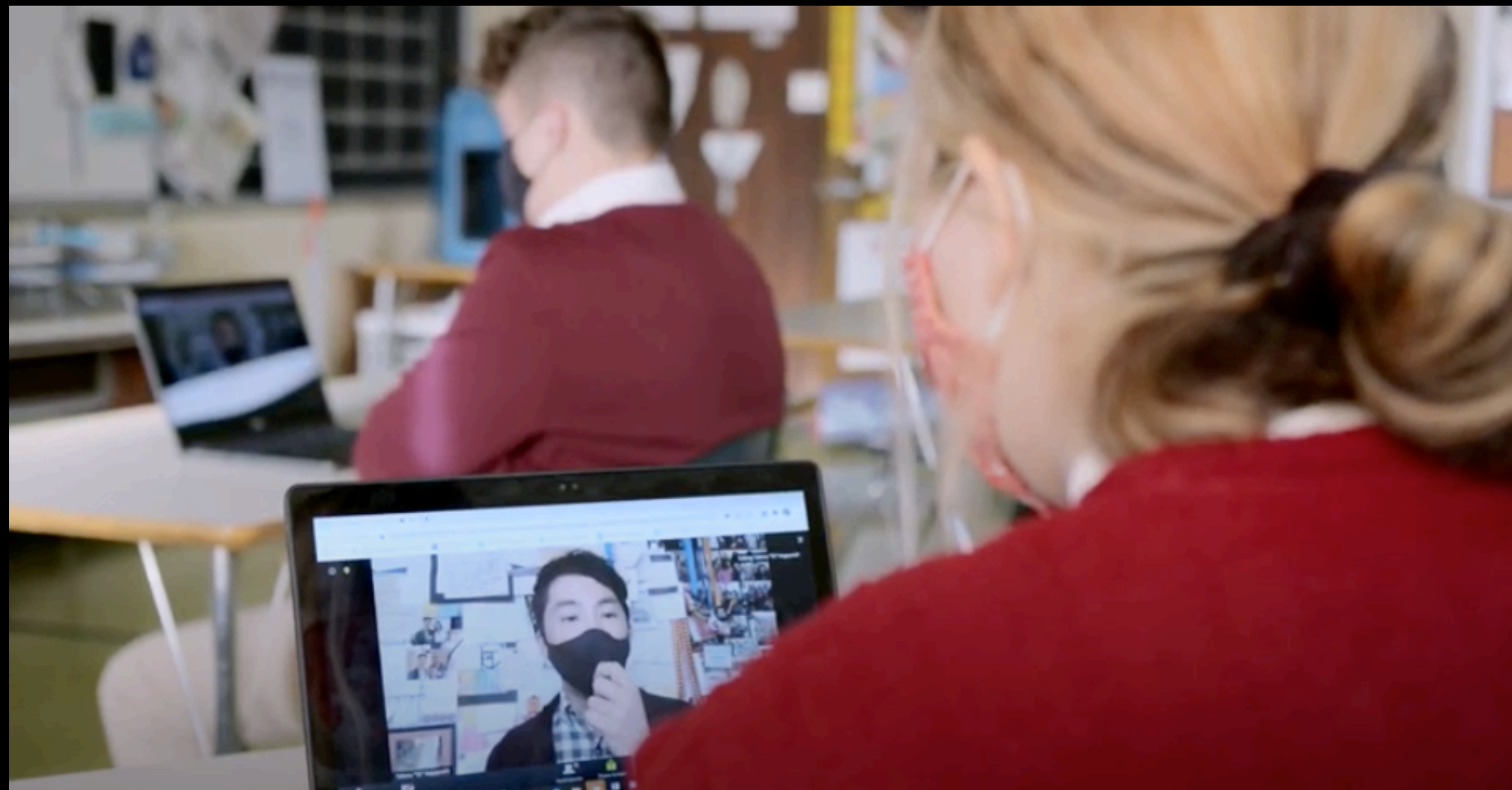
**2020-2021**

# Teachers were more stressed than everyone else working during pandemic

## More stressed than other working adults

A much higher percentage of teachers reported frequent job-related stress and symptoms of depression compared to the general adult population, in part because they were navigating unfamiliar technology and struggling to engage students, while also having concerns about returning to in-person instruction amid a pandemic.

In January 2021, 78% of teachers said they experienced frequent job-related stress, compared to 40% of employed adults, according to a survey of public school teachers from the Rand Corp. funded by the National Education Association and the American Federation of Teachers.



Source: NEA Foundation



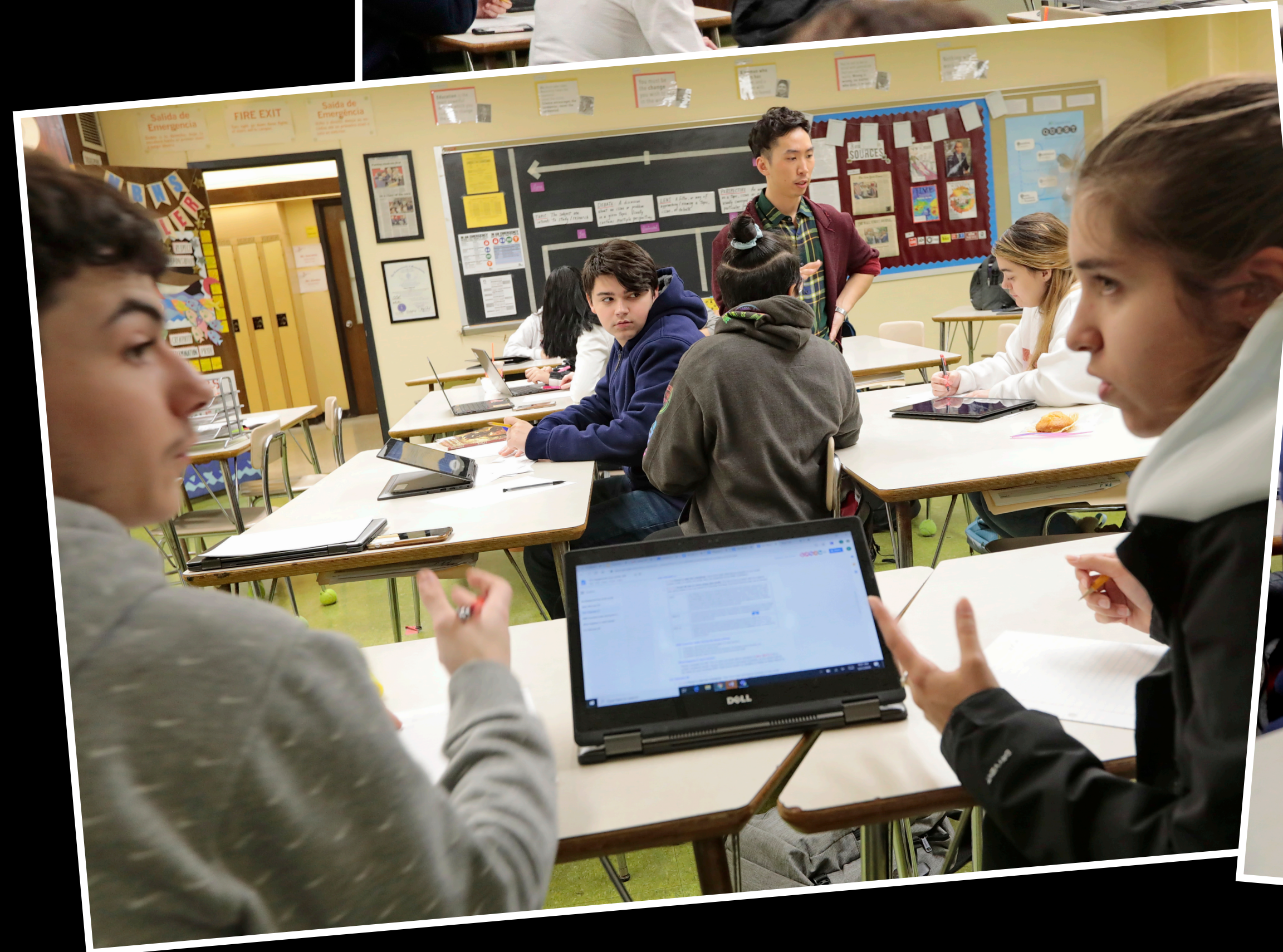




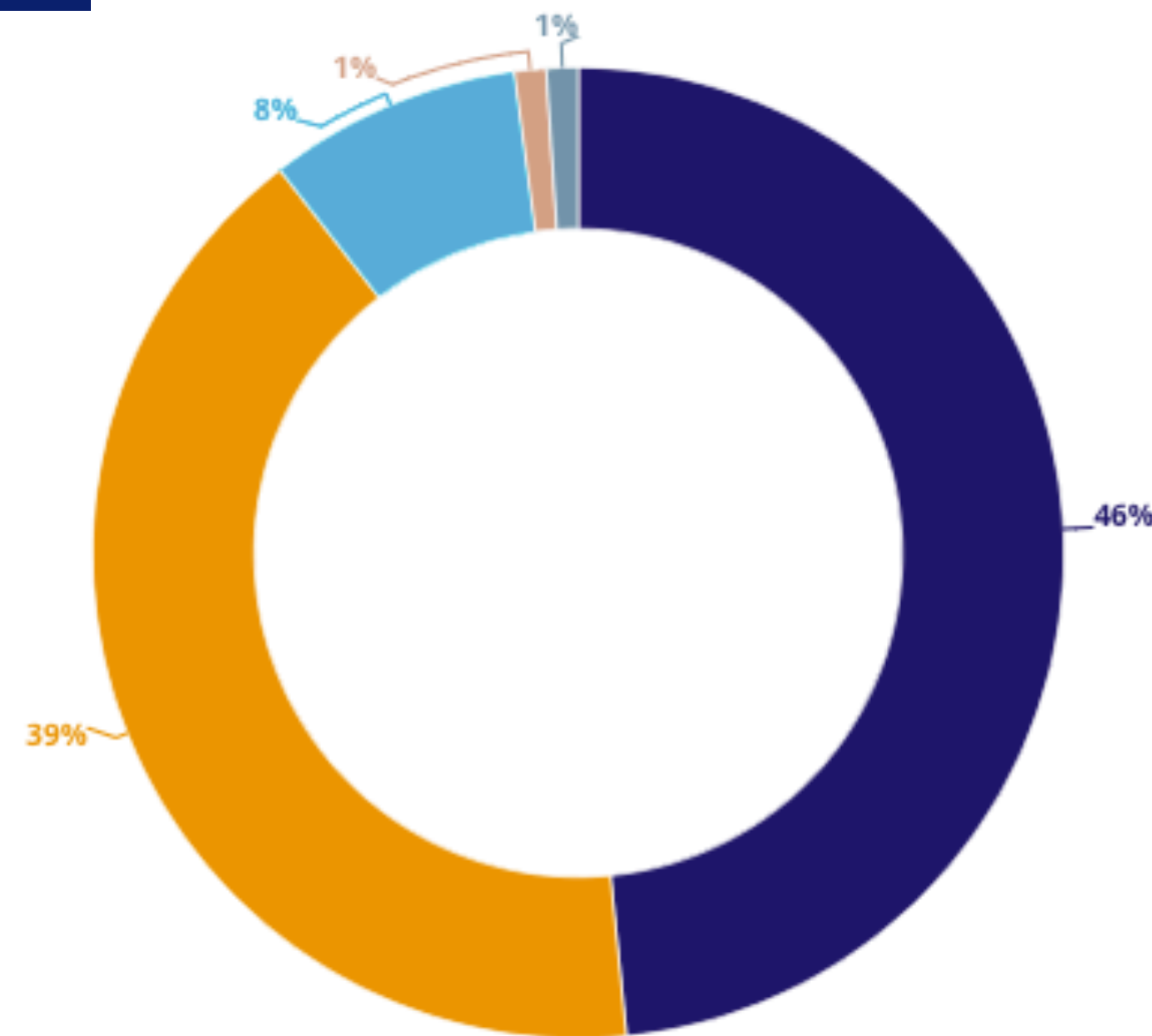


**HYBRID TEACHING IS NOT IT.**

**VIRTUAL TEACHING IS NOT IT.**



**IN-PERSON TEACHING IS IT.**



**85%**

- Full-time in-person, with remote options for some students
- Full-time in-person instruction, with no remote option
- Remote and in-person, with families choosing between 100 percent in-person versus 100 percent remote options
- Remote and in-person, using staggered schedules with students attending campus 2-3 days per week
- Remote and in-person, with schools alternating between opening for weeks at a time, then shutting down for some period

# IMPLICATIONS FOR POLICY

**1**

**LISTEN TO TEACHERS**

# Biden wants to fix the nation's teacher shortage. Educators say the problem is worsening.

## Not enough teachers for America's students

Teacher demand exceeded supply for grades K-12 in the country's public schools by more than 100,000 in 2019 for the first time ever, according to the [Learning Policy Institute](#), a Washington-based education policy think tank that has extensively studied the causes and effects of the teacher shortage.

The projected number of retirements and pandemic- and burnout-related exits from the field in coming years far exceeds the declining number of students pursuing teaching preparation programs. Since 2010, the amount that demand for teachers has exceeded supply has approximately quadrupled, according to LPI research. More





2

**ACHIEVE MORE WITH LESS**

The logo for Innovation Hub is centered on a dark blue background with a bokeh effect of colorful light spots. The word "Innovation" is in a white, sans-serif font, and "Hub" is in a larger, bold, white, sans-serif font. To the left of the text is a white graphic of three overlapping circles. Below the main text, the words "from WGBH & PRX" are written in a smaller, white, sans-serif font.

**Innovation  
Hub**

from **WGBH** & **PRX**

**WHY IT'S HARD  
TO SEE THAT  
LESS IS MORE**

3

# CENTER EQUITY

**THANKYOU**

**@tk\_nagayoshi**